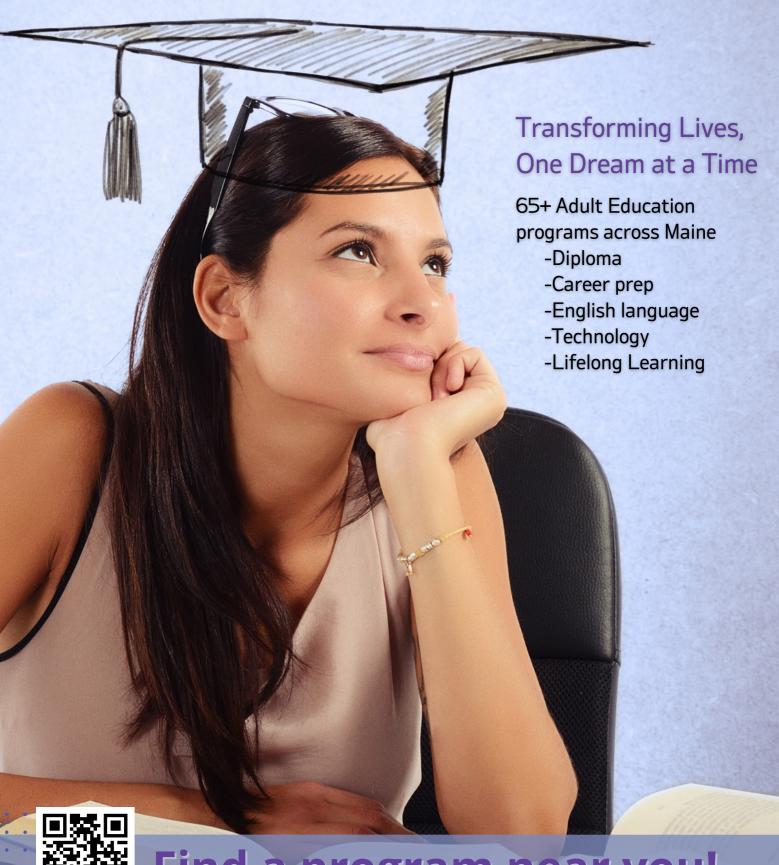
# **Maine Adult Education**

[M] EDUCATE • EMPOWER • ENRICH



Find a program near you! maineadulted.org

# Over 65 Local Programs

Maine has over 65 adult education programs across all counties, that are committed to supporting adult learning. Programs provide reading and math instruction, offer the HiSET (formerly GED) and traditional diploma programs, have college preparation options and workforce training, and connect individuals with community resources. Additionally, Maine Adult Education recognizes the importance of lifelong learning as it empowers individuals, strengthens families, and builds community connections.

# Maine Adult Education is the one-stop shop for adult learning!

#### **Skill Building & Career Prep Courses**

- Literacy skills
- High school completion
- Certificate programs for jobs
- English language acquisition
- College preparation and access support
- Business training

#### **Lifelong Learning Opportunities**

- Health and wellness
- The arts
- Technology and digital literacy
- Finance
- Languages
- Community building



"After being unable to find a job utilizing the skills I had acquired over the past 35-40 years, I came upon the phlebotomy course being offered by MSAD 1 Adult and Community Education in partnership with the University of Maine at Presque Isle. Having just completed the class, I feel I have gained additional skills that will make it possible for me to start a new career in this needed field. I would recommend the MSAD 1 Adult Education program to anyone looking to not only receive employment training, but also for self-enrichment."

-Michele, MSAD 1 Adult Education



# Why Choose Maine Adult Education?

Maine Adult Education Transforming Lives... One Dream at a Time.

Low-literacy adults are four times more likely to have poor health outcomes, requiring hospitalization and use of emergency services at significantly higher rates.



Moving all adults up to a 6th grade reading level would generate an additional 2.2 TRILLION \$ or 10% of GDP in economic growth for the U. S. each year.

Over 55,000 adults in Maine need a high school diploma.

Over 11,000 adults in Maine don't speak English well or at all.

Over 300,000 adults in Maine have a diploma but no other training or education.

Ninety-two percent (92%) of jobs across the U. S. labor market require digital skills, but one-third of the workers lack the foundational digital skills needed to enter and thrive in today's jobs.

Fifty-three percent (53%) of adults age 25+ who did not graduate from high school are not participating in the workforce.

Data from the Barbara Bush Foundation and the Council on Adult Basic Education



# HANCOCK & WASHINGTON COUNTIES

Choose courses from the locations that best fit you!



#### **Deer Isle Adult Education**

251 N. Deer Isle Road
Deer Isle, ME 04627
(207) 348-6443
deerisle.maineadulted.org



#### **Ellsworth Adult Education**

248 State Street, Suite 16B Ellsworth, ME 04605 (207) 664-7110 ellsworth.maineadulted.org



"I cannot express enough how much the CT class helped me. I was so prepared for my college courses because of what we learned in the transitions class. Because we learned many different ways to learn and retain and study and take notes, I was able to find a way that worked in each individual class.

> -Shona C., Hancock County College Transitions, RSU 24 Adult Education



#### **Mount Desert Island Adult Education**

1081 Eagle Lake Road Bar Harbor, ME 04609 (207) 288-4703 mdi.maineadulted.org



#### **MSAD 37 Adult Education**

1227 Hwy 1A Harrington, ME 04643 (207) 483 - 6681 msad37.maineadulted.org



#### **RSU 24 Adult Education**

1888 US-1 Sullivan, ME 04664 (207) 422 - 4794 rsu24.maineadulted.org



# HANCOCK & WASHINGTON COUNTIES

Choose courses from the locations that best fit you!



#### **RSU 25 Adult Education**

102 Broadway, Suite One Bucksport, ME 04416 (207) 469-2129 rsu25.maineadulted.org



#### **Washington County Adult Education**

6 Colonial Way, P. O. Box 397
Machias, ME 04654
(207) 255-4917
washingtoncounty.maineadulted.org



#### Erin V. Benson

Central Western Maine Workforce Development Board, Executive Director

What an important role Adult Education plays in the success of moving unemployed or underemployed people into meaningful and sustainable work! As director of one of Maine's three local workforce boards, I can say unequivocally that Adult Education is one of our most effective, engaged, and successful partners. They work hand in hand with our service provider, Eastern Maine Development Corporation, to understand employer needs, develop training to meet those needs, and engage with participants who have some of the greatest barriers to employment find the career path that best suits their needs and aspirations.



#### Patti Saarinen

Workforce Services, EMDC, Director

As the WIOA Service Provider in central/western Maine, EMDC has worked closely with many Adult Education programs. Not only do they provide excellent academic, work readiness and occupational skills training for our customers, but they are always willing to explore new workforce opportunities to help businesses. This is an essential partnership in helping mutual customers achieve their employment goals.



### **AROOSTOOK COUNTY**

Choose courses from the locations that best fit you!



# Eastern Aroostook Adult Education

308 Sweden Street, Suite 2 Caribou, ME 04736 (207) 493-4272 rsu39.maineadulted.org



#### **MSAD 1 Adult Education**

79 Blake Street, Suite 2 Presque Isle, ME 04769 (207) 764-4776 msad1.maineadulted.org



#### **MSAD 24 Adult Education**

169 Main Street Van Buren, ME 04785 (207) 868-5758 vanburen.maineadulted.org



#### **RSU 29 and MSAD 70 Adult Education**

18 Military Street
Houlton, ME 04730
(207) 521-3100
rsu29-70.maineadulted.org



#### **Valley Unified Continuing Education**

84 Pleasant Street Fort Kent, ME 04743 (207) 834-3536 and (207) 728-6314 vuce.maineadulted.org -Opal, High School Diploma Program MSAD 1

be going to NMCC in the spring."



# Skill building options

#### **Basic Skills and Literacy**

For those requiring reading, writing, math, science, or tech refresher courses, adult education can assist. Contact your local program to assess needs and explore options. Whether improving reading skills, earning high school credits, or acquiring digital literacy for daily life and work, adult education can help.

#### **English Language**

Adult education can assist those who don't speak English as their first language. Programs can help you learn to read, write, and speak English. Whether you need basic language skills or help translating transcripts from another country, adult education can help. Find your local program today!

# Two paths to a diploma

#### **High School Diploma**

Maine adult education programs offer individuals the opportunity to earn a diploma through flexible and tailored learning experiences. The number of courses required varies by district.

Contact your local program for more information.

#### HiSET Diploma (think GED)

The HiSET (Maine's version of the GED) is a high school equivalency exam that offers a second choice to earn a diploma. The test covers five core subjects: Reading, Writing, Science, Mathematics, and Social Studies.

Contact your local program to learn more about testing.

# Beyond the diploma

#### College/Career Prep and Certificates

Contact your local adult education program earn workforce certificates in these and more:

- Certified Nurse Aid (CNA)
- Certified Medication Aid (CMA)
- Commercial Truck Driving CDL
- Welding and other Trades
- Bank Teller, Retail Sales Associate

Adult education also offers help for those applying to college. (Skill Development, tutoring, and more!)

"It feels good to earn my HiSET; I want to continue on to college when I move facilities. I've been lucky to have the various people I've had to work with — they've all been really supportive of me. It feels good to have done something positive while I'm here. Healthy Acadia is offering a recovery coach program. Maybe I can be helpful to somebody else who has been through the same things."

-John, Hancock Cty. Jail and RSU 24 Adult Education

On average. those with a high school diploma earn 25% more per week than those without a high school diploma.



# PENOBSCOT & PISCATAQUIS COUNTIES

Choose courses from the locations that best fit you!



#### **Bangor Adult Education**

121 York Street
Bangor, ME 04401
(207) 941-6316
bangor.maineadulted.org



#### **Greenville Adult Education**

130 Pritham Ave. Greenville, ME 04441 (207) 695-3708 greenville.maineadulted.org



#### Piscataquis Valley Adult Education

50 Mayo Street
Dover-Foxcroft, ME 04425
(207) 564-6525
pvaec.maineadulted.org



#### **RSU 19 Adult Education**

266 Williams Road Newport, ME 04953 (207) 368-3290 rsu19.maineadulted.org



#### **Riverside Adult Education**

14 Goodridge Drive Orono, ME 04473 (207) 866-4119 orono-hampden.maineadulted.org "Adult Education
was my option to obtaining
my high school diploma. With the
amazing teachers and the help they
offered, I was able to complete the
courses quickly and without any trouble.
Since earning my diploma, I am enrolled
in college and have a full-time job with
Eastern Maine Development
Corporation!"

-Alicia, Diploma and College Prep Program PVAEC Adult Education



# PENOBSCOT & PISCATAQUIS COUNTIES

Choose courses from the locations that best fit you!



RSU 89 Adult Education 800 Station Road Staceyville, ME 04777 (207) 365-4218 rsu50-89.maineadulted.org



RSU 67 Adult Education 33 Reed Drive Lincoln, ME 04457 (207) 794-6767 rsu67.maineadulted.org



LeRae Kinney Ignite, CEO

Ignite Presque Isle's partnership with SAD 1 Adult & Community Education has played a vital role in our ability to train and upskill our entire staff with industry-recognized certifications as well as provide various other training opportunities that otherwise would not have been possible. Our mission is to support education and encourage training for our team members at all levels. Adult Education makes this easy and attainable for all of us.



### Tania Dawson

Franklin Community Health Network, Clinical Health Resource Manager

The Certified Clinical Medical Assistant program (CCMA) has not only provided employment opportunities for those new to the healthcare field but within our organization. Several current employees have moved into Medical Assistant positions, creating new entry-level positions for community members. It is not only about growing the opportunities for our employees but also for our community members.



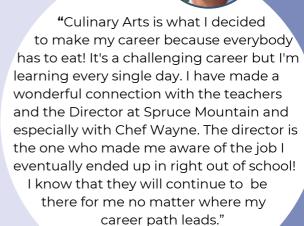
# FRANKLIN & SOMERSET COUNTIES

Choose courses from the locations that best fit you!



#### **Lawrence Adult Education**

4 School Street
Fairfield, ME 04937
207-453-4200 ext. 3114
fairfield.maineadulted.org



-Brian, Spruce Mountain
Adult Education



#### **RSU 54 Adult Education**

61 Academy Circle Skowhegan, ME 04976 207-474-7553 msad54.maineadulted.org



#### **Spruce Mountain Adult Education**

9 Cedar Street Livermore Falls, ME 04254 207-897-6406 rsu73.maineadulted.org



#### **Franklin County Adult Education**

129 Seamon Road, Suite A Farmington, ME 04938 207-778-3460 rsd9.maineadulted.org



#### **MSAD 53 Adult Education**

167 School Street
Pittsfield, ME 04967
207-487-5145 ext. 320
msad53.maineadulted.org



### KENNEBEC COUNTY

Choose courses from the locations that best fit you!



#### **Augusta Adult Education**

22 Armory Street, North Wing Augusta, ME 04330 (207) 626-2470 augusta.maineadulted.org



#### **Maranacook Adult Education**

2250 Millard Harrison Drive Readfield, ME 04355 (207)685-4923 Ext. 1009 maranacook.maineadulted.org



#### Mid-Maine Regional Adult Education

One Brooklyn Ave.
Waterville, ME 04901
(207) 873-5754
midmaine.maineadulted.org





#### **Kennebec Neighbors Adult Education**

40 West Hill Road Gardiner, ME 04345 (207) 582-3774 kennebecneighbors.maineadulted.org

"Augusta Adult Education is amazing.
They helped me so much. English is
hard for me but the adult education
teachers are so nice and the students
are amazing. They are like family.
Augusta Adult Education is an amazing
school. They're helping me get my high
school diploma."

-Radeah, High School Diploma Program, Augusta Adult Education "The data is clear: More training and education lead to better prospects for earnings and employment."
www.bls.gov/careeroutlook/2023/data-on-display/education-pays.htm



# ANDROSCOGGIN & OXFORD COUNTIES

Choose courses from the locations that best fit you!

"Studying the English language at
Adult Education gave me the
opportunity for corporate development
and growth." Right now my focus is on
becoming an IT professional of
excellence and for that I have already
worked hard studying and completing
certifications in the IT area at Adult
Education. I am currently a level 4
desktop engineer and my next goal is
being certified in cybersecurity."

-Satana, Lewiston Adult Education



#### **Auburn Adult Education**

77 Harris Street
Auburn, ME 04210
(207) 333-6661
auburn.maineadulted.org



#### **Lewiston Adult Education**

156 East Ave Lewiston, ME 04240 (207) 784-2928 lewiston.maineadulted.org



#### **Lisbon Adult Education**

19 Gartley Street Lisbon, ME 04250 (207) 353-6711 lisbon.maineadulted.org



#### **MSAD 44 Adult Education**

284 Walkers Mills Road Bethel, ME 04217 (207) 824-2136 Ext. 1340 sad44.maineadulted.org



#### **MSAD 52 Adult Education**

486 Turner Center Road Turner, ME 04282 (207) 225-1010 msad52.maineadulted.org



# ANDROSCOGGIN & OXFORD COUNTIES

Choose courses from the locations that best fit you!



#### Oak Hill Adult Education

56 School Street
Wales, ME 04280
(207) 375-6605
sabattus.maineadulted.org



#### Oxford Hills/Nezinscot Adult Education

256 Main Street South Paris, ME 04281 (207) 743-8842 sad17.maineadulted.org



#### Region 9 Adult Education

377 River Road Mexico, ME 04257 (207) 364-2012 region9.maineadulted.org



#### **RSU 16 Adult Education**

129 Elm Street Mechanic Falls, ME 04256 (207) 345-3217 mechanicfalls.maineadulted.org



#### **Sacopee Valley Adult Education**

213 South Hiram Road South Hiram, ME 04041 (207) 625-3092 sacopee.maineadulted.org



# KNOX, LINCOLN, SAGADAHOC, & WALDO COUNTIES

Choose courses from the locations that best fit you!



"Not only did Merrymeeting Adult Education provide me with a platform to enhance my skills and knowledge, but they also continued to participate actively in my growth."

Benedita worked through the ELL, ABE, HiSET, and College Prep programs and is now the English Language Coordinator for Merrymeeting!

-Benedita, Merrymeeting Adult Education



#### **Belfast Adult Education**

39 Lions Way
Belfast, ME 04915
(207) 338-3197
belfast.maineadulted.org



#### **Boothbay Region Adult Education**

236 Townsend Ave.
Boothbay Harbor, ME 04538
(207) 633-3224
boothbayae.maineadulted.org



### **Central Lincoln County Adult Education**

767 Main Street
Damariscotta, ME 04543
(207) 563-2811
clc.maineadulted.org



#### **Five Towns CSD Adult Education**

25 Keelson Drive Rockport, ME 04856 (207) 236-7800 fivetowns.maineadulted.org



#### **Merrymeeting Adult Education**

35 Republic Ave.
Topsham, ME 04086
(207) 729-7323
merrymeeting.maineadulted.org



# KNOX, LINCOLN, SAGADAHOC, & WALDO COUNTIES

Choose courses from the locations that best fit you!



#### **Midcoast Adult Education**

320 Manktown Road Waldoboro, ME 04572 (207) 832-5205 mace.maineadulted.org



#### **Region 8 Adult Education**

1 Main Street
Rockland, ME 04841
(207) 596-7752
midcoastadulted.maineadulted.org



#### **RSU 3 Adult Education**

577 Mount View Road Thorndike, ME 04986 (207) 568-3426 rsu3.maineadulted.org



#### **RSU 13 Adult Education**

28 Lincoln Street Rockland, ME 04841 (207) 594-9764 rsu13.maineadulted.org

Participating in life enrichment programs and activities on a regular basis promotes brain health. It also helps overcome the health risks associated with isolation and loneliness. such as type 2 diabetes, heart disease, and depression.



# **CUMBERLAND COUNTY**

Choose courses from the locations that best fit you!



#### **Bonny Eagle Adult Education**

290 Parker Farm Road Buxton, ME 04093 (207) 929-9185 sad6.maineadulted.org



#### **Gorham Adult Education**

106 Weeks Road Gorham, ME 04038 (207) 222-1095 gorham.maineadulted.org "I have been with adult education since I came to the US hoping to get my high school equivalency diploma. I have learned so much English. I am able to use what I am learning in my work, for doctor appointments, with my two girls and their homework, and talking with my friends and family."

-Patience, English Language Program, Windham/Raymond Adult Education



### **Gray-New Gloucester Adult Education**

10 Libby Hill Road Gray, ME 04039 (207) 657-9612 gray.maineadulted.org



#### Lake Region & Fryeburg Adult Education

1881 Roosevelt Trail Naples, ME 04055 (207) 627-4291 lakeregion-fryeburg.maineadulted.org



#### **Portland Adult Education**

14 Locust Street
Portland, ME 04101
(207) 874-8155
portland.maineadulted.org





"Attending Westbrook Adult
Education for my HiSET was a
life-changing experience, providing me,
not only with the essential academic skills
but also with a newfound confidence in my
abilities. The supportive environment and
personalized teaching methods helped me
overcome educational barriers, fostering a
love for learning that I continue to carry with
me. This journey has opened new doors
for career opportunities and personal
growth, significantly impacting
my life's trajectory."

Introducing

### **CUMBERLAND COUNTY**

Choose courses from the locations that best fit you!

-*Joshua,* Westbrook Adult Education



#### **RSU 5 Community Programs**

17 West Street Freeport, ME 04032 (207) 865-6171 freeport.maineadulted.org



#### **Scarborough Adult Education**

11 Municipal Drive, Room A100 Scarborough, ME 04074 (207) 730-5040 scarborough.maineadulted.org



#### **South Portland Adult Education**

637 Highland Avenue South Portland, ME 04106 (207) 767-3266 Ext. 3834 southportland.maineadulted.org



#### Westbrook Adult Education

125 Stroudwater Street
Westbrook, ME 04092
(207) 854-0826
westbrook.maineadulted.org



#### **Windham Raymond Adult Education**

406 Gray Road Windham, ME 04062 (207) 892-1819 windham.maineadulted.org



## YORK COUNTY

Choose courses from the locations that best fit you!



#### **Biddeford Adult Education**

189 Alfred Street
Biddeford, ME 04005
(207) 282-3883
biddeford.maineadulted.org



#### **Kittery Adult Education**

12 Williams Ave. Kittery, ME 03904 (207) 439-5896 kittery.maineadulted.org



#### **Marshwood Adult Education**

260 Dow Hwy.
South Berwick, ME 03908
(207) 384-5703
marshwood.maineadulted.org



#### **Massabesic Adult Education**

Waterboro, ME 04087 (207) 247-2022 massabesic.maineadulted.org

84 West Road



#### **Noble Adult Education**

100 Noble Way North Berwick, ME 03906 (207) 676-3223 noble.maineadulted.org



### YORK COUNTY

Choose courses from the locations that best fit you!



#### Old Orchard Beach/ Saco Adult Education

28 Jameson Hill Road Old Orchard Beach, ME 04064 (207) 934-7922 oobsaco.maineadulted.org



### **Sanford Community Adult Education**

668 Main Street
Sanford, ME 04073
(207) 490-5145
sanford.maineadulted.org



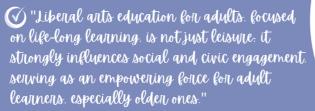
#### **Wells-Ogunquit Adult Education**

200 Sanford Road Wells, ME 04090 (207) 646-4565 wells-ogunquit.maineadulted.org



#### York Adult Education

30 Organug Road York, ME 03909 (207) 363-7922 york.maineadulted.org

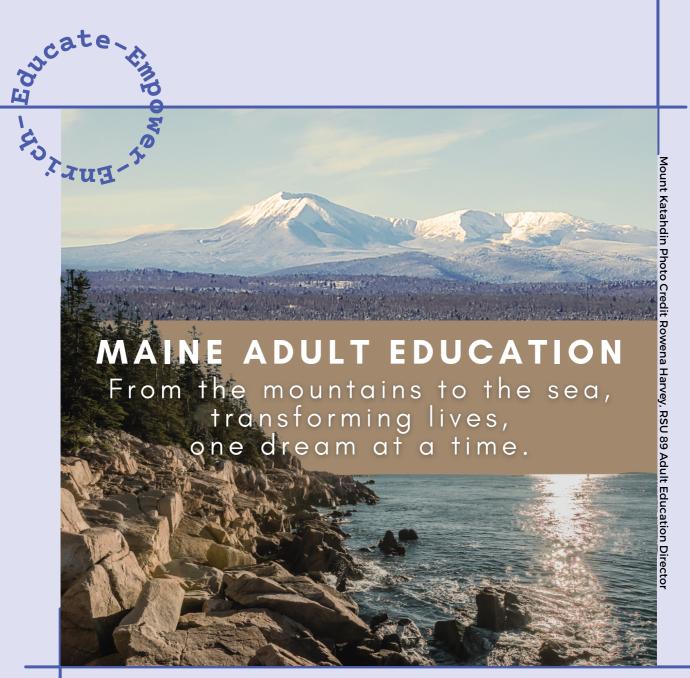


Hachem, H. & Manninen, J. (2020). A quantitative confirmation of the empowering benefits of liberal arts courses. <u>DOI:10.1080/03601277.2020.1805179</u>



"I am really thankful to York Adult Education. I have improved my English here. I've met great people who helped me through each step to enroll in college and even provided an internship opportunity in my major, computer science. York Adult Education means a lot to me. Thank you all!"

-Cihan, English Language and College Prep Programs, York Adult Education





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www.maineadulted.org (207) 343-2157

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