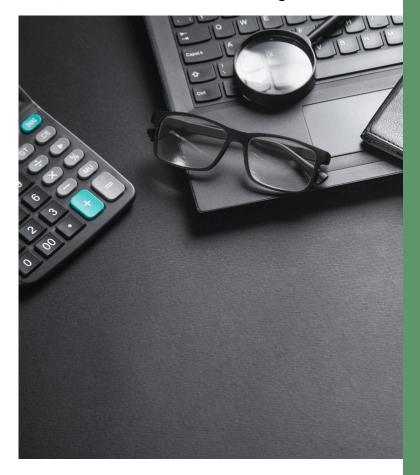


**Business & Skills Training** 



## **STARTING SEPTEMBER 30, 2025** 6:00-8:00PM

Tuesdays & Thursdays Duration: 8 weeks

Hours: 40 total (32 class +8 homework) Format: In-person at MDI Adult and Community Education

### WHO SHOULD ENROLL?

- Career changers
- New grads
- Anyone looking to build office skills

### You'll walk away with:

- A polished resume
- Real hands-on practice
- The tools to get hired into an entry-level position

Launch Your New Career!

# Office Essentials

Ready to start a new career or re-enter the workforce?

#### In just 8 weeks, you'll learn:

- How to communicate professionally by email and phone
- Essential Google Workspace, with an intro to Quickbooks, Microsoft Word and Excel
- How to organize files, manage calendars, and support meetings
- Tips for writing a great resume and preparing for interviews
- Real-world office tasks through simulations and projects

**INSTRUCTOR** 

Lauren Koncinsky

Director.
MDI Adult & Community
Education

## Click or Visit Website below to Register - Space is Limited!

MDI.MAINEADULTED.COM



(207) 288-4703