

MSAD 52 Adult & Community Education 207-225-1010 msad52.maineadulted.org

YOUR FUTURE BEGINS TODAY • #YOURNEXTSTEP STARTS HERE!

As Winter settles in across our region, we are reminded of the quiet power this season brings - a time for reflection, renewal and the promise of what lies ahead. With each snowfall, we see a blank canvas, inviting us to imagine, to plan and to take our next steps with purpose.

Adult Education lives in that same spirit. It is rooted in hope, grounded in opportunity, and fueled by the belief that our futures are not fixed - they are shaped by our choices, our effort, and our willingness to grow. In our classrooms and workshops, we celebrate the power of yet: "I'm not there yet... but I will be." It is this mindset that transforms challenges into possibilities and sparks the courage to begin again.

Whether you are learning a new skill, exploring a passion, preparing for a new career, or simply rediscovering the joy of learning, this catalog represents more than courses - it represents futures in motion. Your future.

As the days grow colder, may this season warm you with the knowledge that growth is always possible, and that Adult Education stands ready to support your journey into a stronger, brighter tomorrow. #YOURNEXTSTEP starts here!

Best Regards,

Bryan Brito • MSAD 52 Adult & Community Education Director

#YOURNEXTSTEP HISET! • Call 225-1010

The New Year is the perfect time to reflect, refocus and keep working toward your goals! Thinking about going back to school to get your high school equivalency degree? The HiSET is a perfect fit! In just a few weeks, you can earn a diploma which will open doors to a wider range of career opportunities!



TAKE #YOURNEXTSTEP & MAKE CHANGES THAT MATTER!

Career Advancement: We offer many different types of courses to help you advance in your career or help you get a job. Healthcare Training, Certificate Programs, Computers & Technology and Business Training courses!

College Transitions Thinking about a new job or career? Want to go back to school but unsure where to start? We offer career assessments to explore your options, create a plan to reach your goals and help you to apply for financial aid and scholarships. In this FREE program, explore workforce training opportunities, strengthen resume writing and interviewing abilities and improve Math, Algebra and English skills.

English Learners of Other Languages: Our ESOL program (English for Speakers of Other Languages) helps students improve their English reading, writing, grammar and life skills. ESOL classes also help students prepare for employment and continuing education.

Enrichment: Classes to discover new skills in cooking, musical instruments, crafting, personal finance and so much more. Classes are ONLINE and in person! Want to make some extra money? You can also share your craft or talents by teaching a course with us! Connect with us today at 207-225-1010 to learn more!

Offering two paths to earn your diploma! Call 207-225-1010 to learn more!

HISET: A series of five tests covering writing, science, math, literature and arts and social studies. These tests require the test taker to apply reading, math, language and critical thinking skills. Tests are taken one at a time and can be taken in any order. Passing the HiSET test allows you to earn your High School Equivalency Diploma.

High School Diploma: Offering academic classes with an opportunity for adults who have not completed high school to earn their diploma. We will create a schedule that works for you!



JANUARY 2026

Softball Clinics Ages 7-12!

Have fun and prepare for the upcoming season! These softball clinics will offer individual and group training with a focus on developing both skills and confidence! JAN 10-FEB 28 1:00-3:00pm \$10 per class/\$65 8 week session. Players bring your softball bag!

Indoor Soccer Fun!

Stay active and sharpen your skills in this after-school soccer program! Players will have a blast taking part in some energetic drills and small-sided games!

GRADES 1-2 JAN 13-MAR 17 GRADES 3-5 JAN 14-MAR 18 3:30-4:30pm \$45

Physical Education Extracurriculars

This after-school program is designed to keep students grades 1-5 active while having fun in a supportive, play-based environment. Students will enjoy a wide variety of games and activities, including pickleball, floor hockey, kickball, handball and soccer. A great chance to stay active and build confidence!

JAN 15- MAR 19 3:30-4:30pm \$45

Elementary Nordic Ski

Do you have a child interested in skiing? Join the Leavitt Nordic community to learn Nordic skills, ski games and some outdoor ski fun! Designed for all elementary ages and ski levels! Some ski equipment can be provided and parents are welcome! SUNDAYS JAN 25, FEB 1, 8, 22, MAR 1 & 8 1:00-3:00pm \$10 @ The Maine Outdoor Wellness Center in Turner.



Cookie Decorating with Sweet Creations by Karen

Roll up your sleeves and get ready to have fun! Join these hands-on workshops to learn a variety of cookie decorating techniques. All materials will be provided and each participant will leave with a goodie bag! Whether you're new to decorating or looking to refine your skills, each class offers a fun theme and plenty of imagination.

JAN 22 • Cookie Decorating Basics FEB 12 • Valentine's Day Sweet Treats MAR 12 • Shamrock & Roll APR 16 • Spring Fling Florals & Fun MAY 7 • Blooms & Butterflies 6-8:30pm \$50 per person. Limited space is available, please register early!



Gentle Ayurvedic Yoga Winter

Embrace the winter season through the principles of Ayurveda, the Science of Life and Yoga the Science of the Mind. Each class will have a healing matrix of Hatha yoga, sound yoga, (mantra) and meditation. Led by a certified Ayurvedic practitioner and Licensed Massage Therapist. Students will need a yoga mat, blocks, blankets and a bolster for their home practice!

JAN 26-MAR 9 ONLINE 5:30-6:30pm \$65 No class MON FEB 16th.



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One-Hour Instagram Mastery: Grow Your Business Today

Explore ways to grow your business with Instagram. Discover the key steps to boost your company's bottom line and learn to create irresistible content!

JAN 27 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

Google Sheets for Beginners

Unlock the full potential of Google Sheets and gain skills that will benefit you for a lifetime!

JAN 29 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

JANUARY Family Paint Night!

Start building some everlasting family memories by joining a paint night! Have a blast unleashing your creativity and learning a brand new skill.

JAN 27 5:00-7:00pm \$25 couple/\$20 person

FEBRUARY 2026

Navigate with Uber: Achieve Transportation Freedom

Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence! Learn all about Uber so that you can travel with confidence!

FEB 3 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

Nature Photography

Explore camera settings and compositions and how to capture great images of Nature's best like moose, birds, seals and more! We will learn how to set up a blind to get great images, tripods to get the best stability and lenses for different scenarios. **FEB 3-17 ONLINE 7:30-9:00pm \$59**

Health Is Not Linear

Yoga is so much more than just asanas or poses. Join me in the comfort of your home and together we will practice trauma informed yoga, mindfulness, meditation, and breathwork. Please have a yoga mat, bolster or pillow, yoga blocks and a positive attitude! Get ready to relax!

FEB 4-25 ONLINE 6:00-7:00pm \$50

Learn to Play the Ukulele The Happiest Instrument Around!

Play the mighty ukulele! Learn essential chording and strumming skills to play along with your favorite songs! You're never too old to join this fun-filled adventure! Offered in 4 different sessions!

6:00-7:30pm \$85 ONLINE WEDS FEB 4, 11, 18 & 25 TUES MAR 3, 10, 17 & 24 WEDS APR 1, 8, 15 & 22 TUES APR 28 & MAY 5, 12 & 19



Fast-Track to Social Media Marketing for Business

Take your business to new heights with this session designed to equip business owners, entrepreneurs, and marketing professionals with the essential skills and strategies needed to leverage social media for business success. Offered on 2 different dates!

FEB 10 OR MAY 14 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

Digital Photo 2 Intermediate

Explore the use of intermediate camera controls such as metering (spot, matrix, center weight), exposure and exposure compensation, ISO, aperture and shutter priority. Take an in-depth look at manual focus, fill flash, flash and other advanced techniques.

FEB 17-MAR 17 ONLINE 5:30-7:00pm \$59

YouTube Channel Starter

Join this fun and engaging beginner class on how to create and launch your very own channel! We'll guide you through a step-by-step process to gain all of the knowledge needed to get started! Build your YouTube presence today! FEB 19 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

Kids After School Yoga

Relax and unwind in this 5 week yoga series for children with Gail Bussiere! A joyful, heart-centered class where kids ages 6-9 can move, breathe and stretch! Together, we will practice poses and useful breathing techniques. Kids will need a water bottle and a yoga mat. FEB 23-MAR 23 3:05-4:30pm \$75



Well Being for Your Life - Full training in Positive Neuroplasticity

Beat the brain's negativity bias and fill yourself with calm strength, confidence and joy. This training will teach you how to meet your needs to feel safer, more satisfied and more connected: less stressed, hurt or resentful. Hardwire peace of mind, contentment and selfcompassion into your brain. Identify your own challenges and grow specific inner strengths to overcome and heal them. Led by a Certified Neuroplasticity Teacher. Virtual classes/TUES & THURS for six weeks. A ZOOM link and handbook will be emailed to you upon registration. FEB 3-MARCH 19 ONLINE 5:30-7:00pm \$125

Zumba® Fitness

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. This class can help with cardiovascular health, weight loss, improved coordination and flexibility. Please wear sneakers and bring water. There are no wrong moves in Zumba!

FEB 24-MAR 19 6:00-7:00pm \$35 for 5 week session OR drop-in for \$10!

Smartphone Photography

Take and create great images with your smartphone. Learn what editing apps to use and how to share and print. We will discuss essential controls along with the best free tools for editing and image management.

FEB 24-MAR 10 OR MAY 12-26 ONLINE 7:30-9:00pm \$59

Unlocking the Power of ChatGPT for Marketing Success

This workshop is designed for marketers who are familiar with ChatGPT and want to learn how to effectively leverage its capabilities for marketing success. Explore ChatGPT's potential and gain hands-on experience crafting prompts to generate compelling marketing content.

FEB 24 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

How To Use Venmo Safely!

Stay up to date and learn all about Venmo! Discover how to securely pay friends and businesses and how to receive money. Master Venmo to handle mobile payments with ease and security. FEB 26 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

MARCH 2026

Instant PIANO for Hopelessly Busy People Online

In just a few hours, learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. Sit at your piano or keyboard at home and take this course with no pressure.

MAR 2 6:30-9:30pm \$69

Chess Club

Students grades 1-5 will be introduced to the exciting world of chess! Learn the rules, practice strategies and develop problem-solving skills through activities and games. This club will help young players build confidence, think creatively and have fun!

MAR 24-MAY 19 3:30-4:30pm \$40

Canva Power Hour: Advanced Tricks That Save You Time!

Take your skills to the next level with advanced techniques and hidden features! This workshop is perfect for users already familiar with Canva basics but want to discover time-saving shortcuts, design hacks and more!

MAR 3 & MAY 7 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

Instant GUITAR for Hopelessly Busy People Online

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. This crash course will teach you some basic chords so that you can play along with your favorite songs right away!

MAR 3 6:30-9:00pm \$69

Vintage Junk Journal: Create Your Own Perfectly Imperfect Keepsake

Discover the art of junk journaling in this fun, hands-on class. Learn how to turn everyday materials- like old book pages, assorted paper and fabric bits into a one-of-a-kind vintage journal full of personality and charm! All materials provided.

MAR 4 5:30-8:00pm \$45

Photo Phone Rescue Workshop

Are you overwhelmed or running out of storage with tons of photos just sitting on your phone? Learn to delete the clutter, create photo books and protect your precious memories forever. Transform your chaotic photo collection into an organized library!

MAR 5 OR MAY 21 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

Post Like a Pro: Navigating Facebook & Instagram

Manage your social media presence with this live, interactive training class! Explore how to streamline your posting process, schedule content and discover insights to boost engagement. If you are looking to enhance your social media skills, this class is for you!

MAR 10 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

ChatGPT Training for Everyone!

Join this fun class to understand how ChatGPT works and why it's taking the world by storm. Explore practical everyday uses for the workforce and at home.

MAR 17 LIVE ONLINE 1:00-2:00pm
(recording of class also offered) \$30

Canva for Awesome Beginners

Unlock a world of creative possibilities with Canva, the ideal free digital tool for beginners! Create stunning designs from scratch or use templates with step-by-step guidance!

MAR 24 LIVE ONLINE 1:00-2:00pm (recording of class also offered) \$30

SPRING Family Paint Night!

Bond with loved ones over brushes and laughs, creating cherished memories in a relaxed and fun family paint night! All materials are provided and all ages are welcome!

MAR 24 5:00-7:00pm \$25 couple/\$20 per person

APRIL 2026

Digital Photo for Newbies

Still getting to know your camera? Get your camera ready and learn about it's special features, basic composition techniques and best uses of light! A great opportunity to learn from an expert!

APR 7 OR MAY 5 ONLINE 5:30-7:00pm \$89

Pet & Portrait Photography

Designed to teach you everything you need to know to take professional-quality portraits. Learn how to work with all different types of subjects, from individuals and groups to children and pets.

APR 7-14 ONLINE 7:30-9:00pm \$59

Acrylics Made Easy Little Brushes, Big Memories!

A joyful acrylic paint class designed for a parent and child, a special adult and their favorite kiddo or even the whole family! You will be guided step-by-step to ensure you feel confident and proud of your finished artwork. A perfect opportunity to create something wonderful and make memories with someone you love.

APR 22 3:30-5:30pm \$30

What A Good Dog!

A well-behaved dog is a joy to live with and proper dog training helps ensure that your pup can participate in almost everything you do together. Students under 18 must be accompanied by an adult. Dogs must have non-chain leashes, a well-fitting collar and current shots.

APR 27-MAY 18 6:00-7:00pm \$65

Spring Running Club

Are you in 2nd-6th grade and enjoy being active outside? If you do, running club is for you! Each session will start with a warm-up/stretching, running, games and a cool down. Students need sneakers, water and a snack.

APR 28-JUN 2 3:00-4:15pm \$75

MAY 2026

Nature Photography

Explore camera settings and how to capture great images in nature like moose, birds, seals and more! We will also discuss setting up a blind, the best lenses available and using a tripod effectively.

MAY 5-19 ONLINE 7:30-9:00pm \$59



FAMILY Paint Night!

Join this fun, family night out where you can unleash your creativity and discover a brand new skill. Leave with a one-of-a-kind keepsake created on canvas with a whole lot of love and laughter, too!

MAY 5 5:00-7:00pm \$25 couple/\$20 person

Smartphone Photography

Take and create great images with your smartphone, what editing apps to use and how to share and print. Learn about essential controls along with the best free tools for editing and image management.

MAY 12-26 ONLINE 7:30-9:00pm \$59

JUNE 2026

Spring Garden Tour @ Sunnyside Gardens!

Edith has been gardening at her home since 1974. For 25 years, Sunnyside Gardens was a perennial nursery carrying over 15,000 potted plants. The space has been recreated into a large, garden area with paths to walk upon and enjoy! At last count, there are about 45 separate gardens on the property blooming and evolving with some garden spaces still to be filled! During this tour, Edith will share growing tips, answer questions you may have and encourage you to design a dream garden of your own!

JUN 16th 4:30-6:00pm \$10 @ 500 North Parish Rd. in Turner



Lighthouse Photo Workshop!

Join photographer Steve McGrath for a unique class experience learning how to photograph lighthouses and sea life in Maine. Discuss camera settings, shutter speed, ISO, aperture, different compositions and more! Discover how to capture great images in this workshop and have fun sharing your images with others! Students must purchase their own tickets for the photo cruise.

JUN 4-11 ONLINE & IN PERSON 6:00-7:30pm \$89

Introduction to Voiceovers

"Wow, you have a great voice!" Have you heard that before? Explore the fun, rewarding possibilities of this growing industry! **OPEN ENROLLMENT \$49** Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

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DENTAL ASSISTING 2/3-5/5 & 6/2-5/19

PHLEBOTOMY 3/11-5/13 & 6/7-8/19

MEDICAL CODING 10/16-2/26 & 3/13-8/17

Pharmacy Technician, Medical Office Specialist with Billing (Certified Medical Administrative Assistant), Medical Transcription & Dental Assisting courses ONLINE anytime!

Workforce Training Courses Just For You!

WOWI: DISCOVER YOUR BEST-FIT CAREER!

Uncover a career that aligns with your unique skills, interests, and work style with the World of Work Inventory (WOWI). After completing the assessment online, you'll meet one-on-one with a trained WOWI professional who will guide you through your personalized results. *A New Path!*

1-ON-1 RESUME WRITING FREE

Whether you're starting from scratch or updating your resume, this personalized session will help you showcase your experience and strengths. Get expert tips to stand out in today's job market. *Available and Ongoing!*

CASAS

If you need the CASAS Assessment to get into a workforce training program, we can help you! This assessment includes Reading and Math. If you are looking to take the CASAS, register here and our Intake Coordinator will give you a call to set up an appointment. Call 225-1010 for more information! *Need the CASAS? Only \$20!*

Call us at 225-1010 to find out more!



A NEW DRIVERS EDUCATION CLASS STARTS EVERY 2 WEEKS @ Leavitt!

SIGN UP TODAY!

NO WAITING LIST!

(This means you can get in right away!)

NO DRIVING BACKLOG!

(This means you are actually driving WHILE learning the content - and finish earlier!)

REGISTER ONLINE www.budsdriving.com

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- Cooking Adventures & MORE!

ONLINE/SELF-PACED, FUN & ONLY \$35! REGISTER: boomertechadventures.com

Foster Care/Adoption Q & A Sessions
Join A Family for ME for a FREE live, virtual
conversation about becoming a foster/
adoptive parent. Recruitment specialists
will answer any questions you may have.
If you have ever considered foster care or
adoption, this program is for you!
Sessions will be held on the 2nd MONDAY
of every month from 6:00-7:00pm. Register
directly: https://www.tickettailor.com/events/
afamilyforme/783429

MSAD 52 Substitute Training

This program prepares people interested in serving as a substitute teacher. Explore classroom management techniques and teaching strategies. Individuals who are interested must watch a training video. Valid CHRC is required, High School Diploma is required/College Degree preferred.

Contact Amy Pelletier/HR Specialist: amy.pelletier@msad52.org

Call 225-1028 for more information!



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Beginning Writer's Workshop Get a taste of the writer's life and improve your writing skills!

Writing Essentials Master writing so that you can excel at business communications, express yourself clearly online and take your creative literary talents to a new level!

Write Your Life Story Learn to create and distribute an inspirational autobiography for your family, friends and others!

Discover Sign Language Discover the fun of learning sign language and using your hands to communicate!

Start Your Own Edible Garden Learn how to grow delicious fruit and vegetables in your own backyard!

MORE THAN 300 ONLINE COURSES!

CHECK THEM OUT! ed2go.com/msad52 msad52.maineadulted.org

MSAD 52 Adult & Community Education offers a Maine College Transitions Certificate program to help prepare adult learners for College and Careers!

Thinking about a new job or career? Want to go back to school but unsure where to start? We offer career assessments to explore your options, create a plan to reach your goals and help you to apply for financial aid and scholarships.

In this FREE program, explore workforce training opportunities, strengthen resume writing and interviewing abilities and improve Math, Algebra and English skills.

You're not on this journey alone. We are here to support you every step of the way:

Career Counseling: Figure out your goals and connect you with resources to reach them.

Academic Guidance: We understand your unique challenges and will work with you to succeed.

Flexible Schedules: Need evening or day classes? We will find a schedule that works!

Job Placement Referral: Once you're certified, we'll refer you to employers that are hiring.

Ready to get started? Call us today at 207-225-1010 Connect with us via email: amy.hatch@msad52.org





MSAD 52 Adult & Community Education 486 Turner Center Road Turner, Maine 04282

www.msad52.maineadulted.org 225-1010

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