



OOB/Saco Adult Education

Learning for Better Living



Benches between Saco Scoops & Post Office

209-224 Main St., Saco, ME 04072

I-95, Exit 36 OOB/Saco, Exit 2A Saco Downtown. At end of ramp, take R onto Rt 1. Get in L lane. Go thru 5 lights onto Main St. Benches are two blocks up on the L, between Post Office and Atkinson's Building (which houses Saco Scoops). Free on-street parking.



C. K. Burns School

135 Middle Street, Saco, ME 04072

I-95, Exit 36, OOB/Saco, Exit 2A Saco/Downtown. Take a R onto Rt 1. Get in the L lane; go thru 3 lights. Take 2nd L, after lights, onto Summer St. Take 2nd R into the C. K. Burns School parking lot along Summer St. Travis will meet you at the door facing the Summer St lot.



Clifford Park

130 Pool Street, Biddeford, ME 04005

I-95, Exit 36, OOB/Saco. Take exit 2A to merge onto US-1S/Main St towards Saco/Downtown. Merge onto US-1 S/Main St. Turn L onto Hill St. Turn L onto Pool St. Park in lot. Laura will meet you there.



EverCore Pilates & Wellness

443 Main Street, Biddeford ME 04005

I-95, Exit 36,, Exit 2A Saco/Downtown. Take a R onto Rt 1. Get in R lane and go thru 4 lights and bear to the R onto Elm St. Follow Elm over 2 bridges into Biddeford. At 2nd light, take a R onto Main St and follow over 2 sets of train tracks. EverCore Pilates & Wellness is in the plaza on the L just after the tracks.



Immortalata

17 Lincoln Street, Suite 14, Biddeford ME 04005
 I-95, Exit 36, OOB/Saco, Exit 2A Saco/Downtown. Take a R onto Rt 1. Stay in the R lane and go thru 3 lights. At next light, take a R onto Elm St. Go thru 3 lights, over bridge into Biddeford. Take a R after the overpass onto Lincoln St, #17 is on the L. Immortalata is located on the lower level, in suite #14. Enter thru any of the upper-level doors on Lincoln Street or through the Lincoln Hotel, then go down the stairs to the lower level. We are located within Infinite Health and Wellness, down the hall from Impact Fitness and Batson River Brewing.



Laurel Hill Cemetery

293 Beach St., Saco, ME 04072, 1 mile from Rt 1
 I-95, Exit 36 OOB/Saco, Exit 2A Saco Downtown. Take a R onto Rt 1 and get in the L lane. Go straight, and take a L at 5th light onto Beach St. Follow about 1 mile; Laurel Hill will be on the R.



Main Street General

140 Main St., Biddeford, ME 04005
 I-95, Exit 36, OOB/Saco, Exit 2A, Saco Downtown. Take a R onto Rt 1. Get in L lane; go thru 6 lights, over railroad tracks, down the hill, across bridge and up the hill, into Biddeford, bearing to the R onto Main St. The Shop is about 1/8-1/4 mi. up on the left. Some on-street parking available or pay to park in the lot on Franklin St by the Palace Diner.



McArthur Library

270 Main St., Biddeford, ME 04005
 I-95, Exit 36, OOB/Saco, Exit 2A, Saco Downtown. Take a R onto Rt 1. Get in L lane; go thru 6 lights, over railroad tracks, down the hill, across bridge and up the hill, into Biddeford, bearing to the R onto Main St. Follow to STOP sign, go straight. Library is on the R about 1/8-1/4 mi. (across the street from Elements Bookstore). On-street parking available.



Northista Scent Bar

15 Lund Rd #103 Saco, ME 04072

I-95, Exit 36 OOB/Saco, Exit 1, Industrial Park Rd. At lights take a L onto Industrial Park Rd. Follow to light and take a R onto Rt 112. Follow to Shell Station. Take a R at the light onto Lund Rd. Follow towards OA Sports Arena. When entering the parking lot, stay to the R. Enter through the side entrance where Skolfield is located. Go inside the double doors and Northista Scent Bar will be straight ahead.



OOB High School

40 E E Cummings Boulevard, OOB, ME 04064

I-95, Exit 36, OOB/Saco. Continue straight past all off ramps to rotary, bearing to the L onto Saco Ave/Rt 5. Follow to lights and take L onto E Emerson Cummings. High School is about ¼ mi. down on R (horseshoe drive). Enter at brown doors to the R of the flag pole, using the far R door. See sign in lobby for room info.



OOB Historical Society/Harmon Museum

4 Portland Ave., OOB ME 04064

I-95, Exit 36 OOB/Saco. Follow to rotary, bearing L onto Saco Ave/Rt 5. Follow Saco Ave through lights, down the hill and around the corner to STOP sign. Museum is the small yellow house just after Saco Biddeford Savings on L. Metered parking available on Old Orchard St, free parking on Adelaide St, or in the lot behind OOB Town Hall (for the duration of the course only).



Saco Heath Preserve

163 Buxton Rd., Saco, ME 04072

I-95, Exit 36 OOB/Saco, Exit 1. At light, turn L onto Industrial Park Rd. Follow to lights and turn R onto ME Route 112/Buxton Rd. Continue straight for about 2 miles, and look for the parking lot for the Saco Heath Preserve on the R.



Saco Learning Center

80 Common Street, Saco ME 04072

I-95, Exit 36, OOB/Saco, Exit 2A. Take right onto Rt 1. Get in L lane; go thru 5 lights. At next light (by Rapid Ray's), take a L into Pepperell Square. Go thru the square (bearing L over speed bump) onto Common St to #80, on your L, JUST before the railroad overpass.



The Nest

259 Log Cabin Rd., Arundel, ME 04046

I-95, Exit 32, Biddeford: At light, go straight onto Biddeford Connector. At the next light, turn R onto US-1 S/Elm St. Continue to light (3.5 mi.) and turn L onto Log Cabin Rd. The Nest is one mile down at 259 Log Cabin Rd, on the L. The number is on a big black mailbox. Our driveway name is Barn Swallow Ln (blue rd sign). When you come in the dirt driveway you will go over a small bridge and then continue straight up the hill at the fork. Look for the small signs that say Yurt Parking that directs people where to park and another sign that directs you to the yurt. You can see the yurt from parking area, so it is not hard to find. If you get lost, call (207) 205-5518.



Young School

75 Tasker Street, Saco, ME 04072

I-95, Exit 36, OOB/Saco, Exit 1, Industrial Park Rd. At lights take a L onto Industrial Park Rd. Follow to lights and take a L onto Rt. 112/North St. Follow about ¼-½ mi. to Tasker St., on R. Young is 1st building on L. Enter through the doors on side of building, facing Tasker, which lead directly into the cafe/gym.