



BOOTHBAY- WISCASSET

REGIONAL ADULT EDUCATION

Fall 2026 Enrichment Classes Sign Up Now!

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Serving Boothbay, Boothbay Harbor, Wiscasset, and beyond



Hit the road with Harbor Light Driving School

Boothbay-Wiscasset Regional Adult Education is excited to announce that it will begin offering driver education later this fall.

Harbor Light Driving School will be led by Deb Carter, a K-12 certified science teacher, adult education high school completion instructor, and owner of Wicked Good Student, a virtual tutoring service.

Over the summer, Deb completed 90 hours of training, including classroom and behind-the-wheel observations with Roy's Driving School in Lewiston. Her Class 1 certification covers traffic safety regulations, coaching strategies for diverse learners, and effective classroom management for new drivers. Additionally, it allows Boothbay-Wiscasset to operate as a driving school, providing all aspects of driver education, including a vehicle for student instruction.

Harbor Light Driving School's curriculum is designed to meet State of Maine Bureau of Motor Vehicle requirements for earning a learner's permit, which includes 30 hours of classroom instruction, 10 hours of behind-the-wheel practice, and a state permit test.



Deb Carter takes the wheel this fall as Harbor Light Driving School's driver education instructor.

The program will be a convenient hybrid model, combining a virtual learning component with in-person sessions utilizing AAA's "How to Drive" curriculum. Orientation will be followed by five in-person sessions, and 15 hours of self-paced online learning.

A pilot class with limited enrollment is tentatively scheduled to start Oct. 25. The cost is \$650, plus \$30-\$50 for the purchase of the online learning platform. Director Raye Leonard is working on qualifying Harbor Light to receive payments from Voc

Rehab and other funding sources that support students in need.

Students must be 15 by the date of the first class, pass an eye exam, complete all classes and behind-the-wheel instruction, and pass the state exam. More information about how to register will be shared at a later date as there are still a few details to work out, including purchase of a vehicle, installation of a dual-braking system, state application and site approval and other requirements for the launch of a successful driving school.

Boothbay-Wiscasset Regional Adult Education is grateful for the enthusiasm and support of Principal Dr. Tricia Campbell and Boothbay Region High School, the Boothbay-Boothbay Harbor CSD school board and board of trustees, and Superintendent Robert Kahler and district administration. All helped make it possible to bring driver education to the Boothbay peninsula.

For more information, email Director Raye Leonard at rleonard@aos98schools.org.

CLASSES & EVENTS AT MAINE TASTING CENTER

Festivals | Pop-Up Dinners | Cooking Classes | Tastings | Daily Drop-In Classes

Explore Classes



Use coupon code **BW2026** at checkout to save 10% on any 2026 class ticket!



September

- 10th Breaking the Mold: Unexpected Cheese Pairings
- 15th Smoked Tea & Pan-Fried Pork Buns with Jeff Mao
- 17th Homestyle Indian Cooking Journey with San Rudra
- 26th Maine Needham Festival
- 30th Orchard to Glass: Maine Cider & Apple Tasting

October

- 1st Homestyle Indian Cooking Journey with San Rudra
- 3rd Queso Presto! Cheesmaking Workshop
- 3rd Dungeons & Drafts
- 4th Learn to Shuck & Serve Maine Oysters
- 6th Pu-Erh Tea & Mooncakes with Jeff Mao
- 13th Sensory Sleuths: Identifying Off Flavors in Beer

506 OLD BATH RD, WISCASSET, ME 04578 | MAINETASTINGCENTER.COM
TASTING ROOM OPEN DAILY, MAY 30 - OCT 25 | RESERVATIONS NOT REQUIRED

Enrich your life by learning something new this fall - here's how!

By Raye S. Leonard, adult education director

Welcome to the fall semester of Boothbay-Wiscasset Regional Adult Education. You are holding in your hands our newest venture - an informational guide featuring what we and our partners have to offer the region. We are excited to not only share a host of fun and unique enrichment classes (pages 4 and 5), but new collaborations, too, beginning with the **Boothbay Register-Wiscasset Newspaper**.

I was a reporter and editor in a past life, so it gives me great pleasure to partner with our local weekly. We are so very, very, VERY lucky to have a print newspaper still in regular circulation. There's nothing like holding something real in your hands to find out what's happening in your local community. So easy, too. You don't have to "like" a bunch of Facebook pages or follow just the right Instagram influencers before you even begin to search for "events near me." The Boothbay Register-Wiscasset Newspaper takes care of all that week after week and we are so happy to be part of that.

And if you're looking for what's going on off the Boothbay Peninsula and up Route 1, check out **The Lincoln County News** for happenings all over the area. This special insert was printed by its parent organization, **Lincoln County Publishing Company**, in Newcastle.

It's not just newspapers I hoped to collaborate with when I had the idea to create a resource for adult learning across the region. I sent queries to libraries, historical societies, healthcare providers, churches, non-profits, music venues, community and municipal organizations, and other adult ed programs (see page 8 for more about **Midcoast Hub 7** and **Mid-Coast School of Technology's** workforce training). I asked, what's on your calendar for fall programming? My deadline was earlier than that of many planning committees so in the future, we plan to offer info on even more opportunities for personal growth. Meanwhile, I encourage you - of course - to check local newspapers for upcoming events. Right now, though,

find out what's happening this fall at **Maine Tasting Center** on page 2, and **Coastal Maine Botanical Gardens**, and the **Boothbay Harbor Memorial Library** on page 9.

Why is it important for Boothbay-Wiscasset Regional Adult Education to work with other businesses and groups in the community? Because we are just one of many institutions that promotes lifelong learning, including

the **Boothbay Region Student Aid Fund** (page 12). We are not the only game in town, and we don't want to be. We are all richer for the diversity of educational opportunities available in the Boothbay and Wiscasset communities. And I want to make sure you know all about them.

Hope to see you in class this fall at Boothbay-Wiscasset Regional - and beyond!



Staff of Boothbay-Wiscasset Regional Adult Education celebrated the 2026 spring graduation at Barrett's Park in Boothbay Harbor. From left: Instructor Tanya Thibault, Nevaeh Morin, Director Raye Leonard, Camla Dunbar, Allyson Warren, and instructor Margit Ahlin. Not pictured: Instructors Deb Carter and Nicole MacDonald.

COMING IN MARCH 2027:

BASEBALL UMPIRE ACADEMY

Become a Maine middle and high school baseball coach through the State of Maine Baseball Umpire Association's virtual training program

2027 DATES

Monday, March 1
Monday, March 8
Monday, March 15
Monday, March 22
Monday, March 29
 (Mechanics in person at Wiscasset Middle School)

\$35
 90 min. classes | 5:30 P.M.

SCAN TO REGISTER







BOOTHBAY-WISCASSET

REGIONAL ADULT EDUCATION

Helping adults achieve their educational and career goals and build a foundation for lifelong learning in Boothbay, Boothbay Harbor, Wiscasset, & beyond.

Main Office: Boothbay-Wiscasset Regional Adult Education
 236 Townsend Ave. | Boothbay Harbor, ME 04538

Wiscasset Middle High School
 272 Gardiner Road | Wiscasset, ME 04578

207-315-5651

Staff

Raye S. Leonard, director

Tanya Thibault, Adult Learning Lab, Boothbay Harbor

Margit Ahlin, Maine College & Career Access Advisor & Adult Learning Lab, Boothbay Harbor

Nicole MacDonald, Multilingual Language Instructor, Boothbay Harbor

Debra Carter, Driver's Education, Boothbay Harbor & Adult Learning Lab, Wiscasset

Please leave a voicemail or for faster response send a text, or email Director Raye Leonard rleonard@aos98schools.org.

Office hours:
 By appointment Monday through Thursday. The office is closed on Friday. To schedule an appointment to enroll in adult basic education, high school completion, multilingual language learning, or college transitions, email Raye Leonard at rleonard@aos98schools.org.

boothbayae.maineadulted.org

Special thanks to Kristin Perpignano of Venti Creative Graphics in Whitefield for the design and layout of this insert. Learn more at venticreative.com.



MAINE COLLEGE & CAREER ACCESS

What's next for you?

FREE ACADEMIC TUTORING

Support for your current college classes or career certification programs

FREE COMPUTER & TECH SUPPORT

Digital literacy tutoring and skills support

FREE ACADEMIC ADVISING & SUPPORT

Help finding resources and figuring out next steps based on your skills and interests

FREE COMMUNITY COLLEGE COURSE

Try out a class of your choice with one of Maine's community colleges without being fully enrolled

WE CAN HELP!

Email rleonard@aos98schools.org
Call/text **207-315-5651**

NEW 

HiSET + WITH MEDICAL TERMINOLOGY

Instructor Margit Ahlin

Prepare to take the HiSET exams and learn essential skills for a career in healthcare with Medical Terminology, including:

- Word structure and formation
- Medical terms, abbreviations, meanings, and pronunciation
- Language from all body systems and major medical specialties
- Terms related to anatomy, physiology, and major disease processes

Medical Terminology is a foundational course for anyone interested in working in any healthcare profession, including CNA, medical assistant, transcription, office administration, and more.

HiSET+ includes individualized learning plans to support completion of the HiSET, high-quality advising for post-secondary planning, and embed opportunities for adult learners to build academic, technical, and workforce readiness skills that prepare them to enter healthcare training.

To enroll, email rleonard@aos98schools.org • Call/text **207-315-5651**

Lifelong learner Camla Dunbar’s next education goal leads to phlebotomy



Sometimes life takes you places you never planned to go. For Camla Dunbar and her young daughter, it was the simple request for help from her mother that brought her to Boothbay Harbor from Jamaica last September. But often it’s an unexpected destination that sets you on the path to achieving a lifelong goal.

Just two months after making Maine home, Camla enrolled in Boothbay-Wiscasset Regional Adult Education’s HiSET program because she wanted to secure a better future for herself and family.

HiSET, or High School Equivalency Tests, replaced the GED in Maine in 2014 because you can prepare for and

take each of the five subject area tests in reading, social studies, math, science, and writing one at a time. That was helpful to Camla because U.S. history and government structures were brand new to her. But Camla had already prepared for the High School Diploma Equivalency certificate in Jamaica, so she was confident that with individualized instruction and her own commitment the HiSET was in reach.

“Passing the HiSET gave me restored self confidence and pride in having accomplished this goal,” Camla said, “By conquering this milestone, it builds the essential self assurance needed for me to tackle technical and clinical demands in the healthcare field.”

Soon after graduation in June, Camla enrolled in the Academy of Medical Professions’ summer phlebotomy course. Conveniently held on Zoom, the program aligned with Camla’s work and family responsibilities. Additionally, Boothbay-Wiscasset Regional Adult Education opened its office at Wiscasset Middle High School for the in-person lab classes for both phlebotomy and the clinical medical assistant class.

“There is a lot of meaningful patient interaction in phlebotomy because it is incredibly rewarding to help calm anxious patients and make a positive impact during their medical experience. Phlebotomy is also a stepping stone in my career path,” Camla said.

As a former operating room assistant in Jamaica, Camla wants to continue her healthcare training in radiology. “Health care isn’t just about science,” she said. “Adults often make exceptional health care professionals because they bring life experiences, empathy, and maturity.”

It’s those qualities that earned Camla the 2026 Boothbay-Wiscasset Regional Adult Education Lifelong Learner Award, presented to an exceptional adult learner who exemplifies what it truly means to be a lifelong learner. Her positive attitude and unwavering dedication to her goals set her apart from the very beginning, Director Raye Leonard said.

“Camla always showed up with a smile, always gave everything she had, and never lost sight of what she was working toward, even when her official test scores fell short of the tar-

get she set for herself,” Leonard said. Along with work, family, and phlebotomy, Camla also studied with instructors Margit Ahlin and Tanya Thibault this summer to prepare to retake the math HiSET, one of the most difficult tests in the series. Fortunately, learners have multiple opportunities to try again.

Camla’s educational goals started with the HiSET and they don’t end with healthcare training. She hopes to complete an associate’s degree and be in a leadership role someday so she can mentor colleagues.

“My personal journey was marked by diverse interactions, continuous adaptation, and a deep understanding of unique human experiences. I hope this will allow me to validate patient emotions and ensure individuals feel truly heard and respected throughout their care, like I did in adult ed,” Camla said.

For more information about healthcare training and other workforce development opportunities, email Director Raye Leonard at rlleonard@aos98schools.org.



ACADEMY

of MEDICAL PROFESSIONS

2026-2027



 **WIOA/voucher approved** (Fed cap, Goodwill, Maine Department of Labor, EMDC/HOPE, etc.). Payment plans are also available. **Until 7/15/26, Free tuition for Dental Assisting for Maine residents with any current or prior patient-facing healthcare experience!**

 **Our All-Inclusive Programs** provide textbooks, reference books, national certification exam fees, practice exams and online resources with dedicated instructor support; instructors are certified industry professionals.

MEDICAL CODING PROGRAMS
START DATES: 10/15/26 3/18/27
OR SELF-PACED OPTION: START ANYTIME

20-week In-Depth Program with AAPC® national certification. Includes Medical Terminology, 2 **CPC®-A exam attempts, AAPC® membership, 3 practice tests, and all required text and reference books. Cost: \$3,950 Payment plans available.**
 **Live Online Classes: Tuesday and Thursday, 5:30 PM – 7:00 PM**
OR Online: Start anytime, Self-Paced

 **NEW! MEDICAL BILLING AND CODING PROFESSIONAL**

36-52 Week Program with two AAPC® certifications, CPC®-A and CPB®. Coders identify correct codes; billers use those codes to submit claims. **Combining** these two skills creates a powerful advantage with broader career opportunities. **Includes above 20-Week Coding Program plus 16-Week Self-Paced Medical Billing Program with CPB® exam fees, study guide, and textbooks. Cost: \$6,750**
 **Payment plans are available.**

CLINICAL MEDICAL ASSISTING (CMA)
START DATES: 10/13/26 2/23/27 6/22/27

16-week all-inclusive program. Prepares you for the **NHA® CCMA® (Certified Clinical Medical Assistant)** Exam. (Includes CCMA® Exam fees, practice exams, textbooks, resume assistance and all supplies). **Cost: \$3,500 Payment plans available.**
 **Tuesday and Thursday evenings**
 **5:30 PM – 8:30 PM**
 **Online classes with live instruction (Zoom)**
 **In-person skills at Adult Education centers**

PHLEBOTOMY PROGRAM
START DATES: 10/13/26 3/16/27 6/22/27

Become a Certified Phlebotomy Technician in Just 10 weeks! Our all-inclusive program prepares you the **NHA® CPT®**. (Includes CPT® Exam fees, textbooks, exam review course, resume assistance, all supplies). **Cost: \$3,500 Payment plans available.**
 **Tuesday and Thursday evenings**
 **5:30 PM – 8:30 PM**
 **Online classes with live instruction (Zoom)**
 **In-person skills at Adult Education centers**

DENTAL ASSISTING PROGRAM
START DATES: 9/14/26 2/2/27 5/31/27
OR SELF-PACED OPTION: START ANYTIME

12-week all-inclusive program. Learn all aspects of dental assisting with optional 1-day lab. Prepares you for the **DANB RHS® national exam.** Includes all books, practice tests, study prep & DANB RHS® exam fees. **Cost: \$3,200 Payment plans available.**
 **Taught by a Dentist**
 **Live Online Classes: Mondays, 6:00- 8:00 PM**
OR Online: Self-paced, start anytime.

PHARMACY TECHNICIAN CERTIFICATE

14-week, all-Inclusive, PTCB®-Recognized Training Program designed to prepare you to earn your **Certified Pharmacy Technician CPhT® credential.** Includes all learning materials, 1 year program access, and PTCB® CPhT® exam fees. **Cost: \$2,850. Payment plans are available.**
 **Self-paced, entirely web-based program. Start anytime.**

 **Coming soon! EKG Interpretation & Application for Medical Assistants**
Includes **NHA® CET® exam fees and preparation. 4 weeks, hybrid with in-person skills.**

CERTIFIED MEDICAL OFFICE ASSISTANT  

16-Week, all-inclusive with simulated Electronic Medical Records (EHR), **NHA® CMAA® exam fees, textbooks, resume & job assistance. Cost: \$3,200. Payment plans available**
 **Online, self-paced- start anytime.**





Writing, Drawing & Corresponding

The Lost Art of Letter Writing

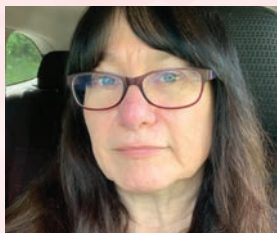
Wednesday evenings from 6 to 8 p.m., beginning Oct. 7, for four weeks at Wiscasset Middle High School. The cost is \$125.

The Naturalist's Sketchbook

Thursday evenings from 6 to 8 p.m., beginning Oct. 8, at Wiscasset Middle High School. The cost is \$125.

MEET YOUR INSTRUCTOR

LAUREL DODGE



Ever since Laurel Dodge was a small child she has loved three things, the written word, drawing, and nature, especially when she can combine all three. She grew up in Maine and draws inspiration from its ocean, rivers, lakes, and mountains, which find their way into her novel writing, letter writing, and artwork.



Learn more at laureldodge literary.com

CRAFTS & COOKING

Needle Felt a Little Gnome

Participants will learn the fundamentals of needle felting while creating a 6-inch standing gnome that will fit in the palm of the hand. Each participant will choose their preferred wool colors to personalize their gnome.

\$55, materials included

Mary Sabins, instructor

5-8:30 p.m. | Tuesday, 10/6

Wiscasset Middle High School



Zentangle 101

This introductory course teaches the basics of the Zentangle Method of pen & ink drawing, including fundamental pen strokes, tangle patterns, shading techniques, components of design, and ideas for embellishment. Materials kit must be picked up in advance at one of the adult ed program's offices in Boothbay Harbor or Wiscasset, or arrangements made for mailing.

\$99, materials included

Martha Brooks, CZT, instructor

6:30-8 p.m.

Tuesdays, 10/6-11/3

Online

Autumn Scones

Harvest Pumpkin Scones, Double Ginger Scones, Savoy Hotel Classic Scones, Maple Bacon Scones and Cranberry Orange scones. Bring a container to take home samples. All ingredients and recipes provided.

\$65

Debra Arter, instructor

5:30-8:30 p.m. | Tuesday, 10/20

Boothbay Region Elementary School



Feeling Phyllo

Learn to make Spinach Feta triangles, Quick Sausage Cheese appetizers and Apple Sheet pan Baklava. Bring a container to take home samples. All ingredients and recipes provided.

\$65

Debra Arter, instructor

5:30-8:30 p.m. | Tuesday, 11/3

Boothbay Region Elementary School

Mobiles: Floating & Flowing Art

Create mesmerizing mobiles and stabiles in this unique Zen, hands-on workshop. Materials including driftwood, shells, feathers, and wire provided. Please bring needle-nosed pliers and your own natural items.

\$65

Chris Toy, instructor

5:30-7:30 p.m. | Monday, 11/2

Wiscasset Middle High School

Zentangle: Holiday Starz

Create several different styles of stars using a variety of Zentangle tiles in this two-night course. The materials kit includes star templates, paper tiles in a variety of shapes and colors, Micron and GellyRoll pens, and shading tools. Materials kit must be picked up in advance at one of the adult ed program's offices in Boothbay Harbor or Wiscasset, or arrangements made for mailing.

\$75, materials included

Martha Brooks, CZT, instructor

6:30-8:30 p.m. | Mondays, 11/9-11/16

Online

HEALTH & WELLNESS

Maine Death with Dignity

Learn fact-based information and all the details you need to know about Maine's Death With Dignity law, how to have the conversation with your physician, and how to qualify yourself or support a loved one.

Free | Casimir Bemski, instructor

6-7:30 p.m. | Tuesday, 10/6 | Online

Natural Meditation

Natural meditation is a form of meditation in which participants let go of the need to do something and learn to just sit and observe what arises - thoughts, feelings, mental perceptions, and emotions. A simple yet profound way to work towards developing equanimity in the face of life's many challenges. We will sit in chairs, but bring a meditation cushion if you prefer.

\$99 | Al D'Andrea, instructor

6-7 p.m. | Thursdays, 10/8-11/19

Boothbay Region High School

Your Health is in Your Hands, an Introduction to the Art of Jin Shin:

Achieve physical, mental, and spiritual harmony and healing through the application of hands as 'jumper cables' to gently balance the flow of life energy in the body. This course will teach



you the physio-philosophy of the Art of Jin Shin, along with simple and highly effective hands-on self-help techniques that promote optimal health and well-being, facilitating your own profound healing capacity through this ancient healing art.

\$79 | Margit Ahlin, instructor

5:30-7:30 p.m. | Wednesdays

10/14-10/28

Boothbay Region High School

Adult & Pediatric First Aid/CPR/AED

This American Red Cross certification course covers both adult and pediatric First Aid/CPR/AED instruction for those looking for either initial certification or renewal. Upon completion, participants will receive a certificate from the American Red Cross valid for two years.

\$125

Jennifer Harris, First Point Training,

instructor

5:30-8:30 p.m. | Wednesday, 10/7

Wiscasset Middle High School

Pediatric First Aid/CPR/AED

This American Red Cross certification course prepares participants to respond to and care for infants and children in an emergency. Upon completion, participants will receive a certificate from the American Red Cross valid for two years.

\$120

Jennifer Harris, First Point Training,

instructor

5:30-7:30 p.m. | Monday, 10/26

Wiscasset Middle High School

Online Photography

WITH
STEVE MCGRATH

Advanced Smartphone Photography

Oct. 20, 27 Nov. 3, 10
7:30-9 p.m.

\$79



Digital Photo 2 Intermediate

Oct. 27, Nov. 3, 10, 17, 24
5:30-7 p.m.

\$95

Pet Photography

Nov. 17 & 24 | 7:30-9 p.m.
\$59

Nature, Bird Photography

Dec. 1, 8, 15, 22 | 5:30-7 p.m.

\$69

Smartphone Photography

Dec. 1, 8, 15, 22 | 7:30-9 p.m.
\$79

ENRICHMENT CLASSES

Yoga with Tonia Blake

Yoga for a More Comfortable Back: Adaptable Practices for Healthy Aging

\$99 | 10-11:15 a.m. Tuesdays
Beginning Oct. 6 for 5 weeks
Community Room, Congregational Church of Boothbay Harbor

Moving with Confidence: Chair Supported Yoga for Balance and Healthy Aging

\$89 | 10-11 a.m. Wednesdays
Beginning Oct. 7 for 5 weeks
Community Room, Congregational Church of Boothbay Harbor

Yoga for the Challenges of the Holiday Season

\$55 | 6-8 p.m. Tuesday, Oct. 27
Boothbay Region High School

MEET YOUR INSTRUCTOR TONIA BLAKE



Tonia Blake is a Certified Yoga Therapist who helps older adults move through life with greater ease. She teaches classes and works one-on-one in the Boothbay Region and online, using the broader tradition of yoga to support health and well-being while adapting its practices for people navigating chronic health conditions, pain, balance concerns, and stress. Before registering, please read the full class descriptions at www.boothbay.yoga or on the registration page.

dition, issues, plans, DIY projects, etc. The last class is a potluck supper at the instructor's house, where class members can visit the historic features of Alna, see the instructor's cabinetmaking shop and barns, and delve into his reference library on early buildings.

\$135
Les Fossel, instructor
5 p.m. | Wednesday, 10/7
Alna Meetinghouse



High-Conflict Survival Class for Women

This class teaches women how to recognize behavioral patterns, respond strategically, communicate with control, and protect their peace, credibility, and decision-making. *Lisa Fourre is a consultant specializing in high-conflict interpersonal dynamics, with a focus on separation, custody, and family system conflict. She teaches practical, non-clinical strategies for recognizing high-conflict behavior patterns and responding in ways that reduce escalation and improve decision-making under stress.*

\$55
Lisa Fourre, instructor
6-8 p.m. | Wednesdays
10/7-10/28
Wiscasset Middle High School

Comparative Religions, Part 1

This discussion-based class will look at questions of comparative religion by examining and discussing the major texts from Hinduism (The Bhagavad Gita), Buddhism (The Dhammapada), and Taoism (The Tao Te Ching). Part 2 will continue in the spring, investigating Judaism, Christianity, and Islam. *John Blois taught Eastern Religion and Comparative Religions at Central Maine Community College for 25 years. He grew up a Methodist in Melrose, Massachusetts, but was lucky enough to have studied in religious communities in India and Thailand.*

\$65
John Blois, instructor
5:30-7:30 p.m. | Wednesdays
10/7-11/18
Boothbay Region High School



REGISTRATION INFORMATION

Scan for more information and to register for enrichment classes online



If you would like to pay by cash or check, please text or call Director Raye Leonard at 207-315-5651. Credit or debit card payments are processed through our secure web portal system. Visa, Mastercard, Discover, and American Express are accepted. Registration is first come, first served. You will receive a confirmation by email. A full refund will be issued if a class is cancelled due to low enrollment, weather, or by instructor request. A full refund will also be issued if you cancel your registration at least 5 business days prior to the first class, less the online registration fee. No refunds will be given for one-session classes.

Thank you to Boothbay Region schools, and Wiscasset Middle High School for sharing their classrooms with adults in the community!



Online AI & Author Classes

WITH
PREETHI FERNANDO

How to Use ChatGPT
\$35 | Nov. 10 | 7-8 p.m.

Finding Money for College Financial Aid, Scholarships, and Grants Using Chat GPT + AI
\$35 | Nov. 2 | 6-7 p.m.

AI for Retirees
\$35 | Nov. 2 | 12-1 p.m.
Nov. 10, 6-7 p.m.

Publish Your Own Book
\$35 | Oct. 8, 10-11 a.m.
Nov. 2, 11 a.m.-12 p.m.

Author Day
\$99 | Nov. 15 | 10 a.m.-4 p.m.

Babysitter Training

This American Red Cross certification course prepares 11-16 year olds to safely provide care for infants and children, including diapering, feeding, holding, plus fire and water safety. Upon completion, participants will receive a certificate from the American Red Cross valid for 10 years. Does not include CPR or first aid training.

\$125
Jennifer Harris, First Point Training, instructor
9 a.m.-1 p.m. | Friday, 10/9
Boothbay Region Elementary School



Jennifer Harris of First Point Training holds an infant mannequin used in Babysitter Training.

PERSONAL ENRICHMENT

Field Guide to Old Houses & Barns

This is a course for people who have an old house or barn or just love them! The first session is at the Alna Meetinghouse. After that, meetings are held in the old homes and barns of class members. The homeowner sets the agenda for what we cover at their house, including age, con-

Online Creativity & More

WITH
NICKIE WELSH

Canva Power Hour! Advanced Tricks To Save You Time
10/6

Canva Academy for Business
10/13

Canva Creative Projects
10/20

Your Kid's Phone: A Parent's Survival Guide
11/5

Google Sheets for Awesome Beginners
12/1

Swipe Smart: A Safety Guide to Dating Apps
12/8

\$35 per class. Live online via Zoom (1-2 p.m. EST).
Class recording available by request

ACADEMIC PROGRAMS

High School Completion

Preparation to pass the High School Equivalency Tests (HiSET, formerly GED), a series of subject-based exams in reading, math, social, studies, science, and writing. Classes are individualized and targeted to meet learner needs in a flexible learning lab format. Enrollment is ongoing; sign up any time.

Instructors:
Margit Ahlin & Tanya Thibault
4-6 p.m. | Tuesdays & Wednesdays
Thursdays, by appointment
Room 106, Boothbay Region High School
Beginning Sept. 15

Instructor: Deb Carter
Times & days TBD based on learner availability
Room 12, Wiscasset Middle High School
Virtually by appointment
Beginning Sept. 15



Maine College and Career Access

Advising and individualized instructional support for adults preparing for college or already enrolled and needing subject-area help. College transitions services include help with applying to college, writing the college essay, filing the Free Application for Student Financial Aid (FAFSA), scholarship searches, and more. Additionally, assistance is available for career planning and training development. Enrollment is ongoing; sign up any time.

Advisors: Margit Ahlin & Raye Leonard
By appointment
Beginning Sept. 15

Adult Basic Education

Literacy and numeracy support for adults who want to improve their foundational skills in reading, writing, and/or math so they can find better employment, complete high school, participate in their children's education, and achieve economic self-sufficiency. Enrollment is ongoing; sign up any time.

Instructors: Margit Ahlin & Tanya Thibault
4-6 p.m. | Tuesdays & Wednesdays
Thursdays, by appointment
Room 106, Boothbay Region High School
Beginning Sept. 15

English Language Learning

Multi-level instruction for adults learning to speak or wishing to improve their English language skills through practical and conversational exercises. Classes are designed to help learners increase vocabulary, understand grammar, and practice reading and writing in English. Enrollment is ongoing; sign up any time.

Instructor: Nicole MacDonald
4:30-6 p.m. | Tuesdays
Room 106, Boothbay Region High School
Beginning Sept. 15



FIX-A-BIKE!

FREE FIX-A-BIKE CLINICS WITH BICYCLE COALITION OF MAINE

- ✓ Curious about bicycle mechanics?
- ✓ Looking to maintain your faithful steed or conduct long overdue TLC?
- ✓ Perform a roadside repair and keep that bicycle mojo elevated?



BCM will provide all the tools, materials, and instruction. Class size limited to six people, or six pairs sharing a bike.

REGISTRATION REQUIRED



For more information, email rleonard@aos98schools.org or call/text 207-315-5651.

BASIC MAINTENANCE & ROADSIDE REPAIR

Tues. Oct. 6, 2026
5 p.m.
Boothbay Region High School



SCAN TO REGISTER

Thurs. Oct. 8, 2026
5 p.m.
Wiscasset Middle High School



SCAN TO REGISTER

ADVANCED MAINTENANCE & REPAIR

Tues. Oct. 13, 2026
5 p.m.
Wiscasset Middle High School



SCAN TO REGISTER

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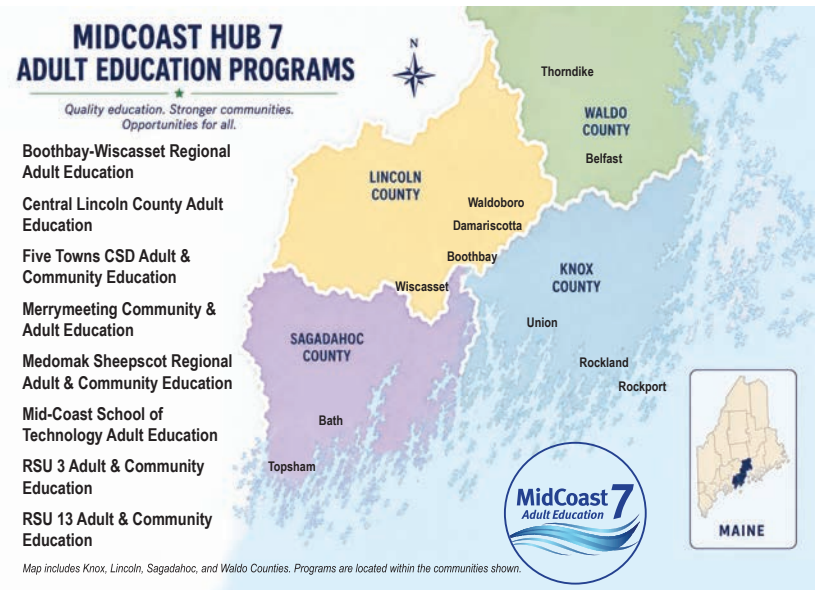
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COMMITTED TO COMMUNITY

One of many: Midcoast Hub 7 meets adult learners where they're at



Boothbay-Wiscasset Regional is just one of nine programs that offer adult education through a consortium called Midcoast Hub 7, serving coastal communities from Brunswick to Belfast.

Individually-funded through their local school districts, these partners share state and federal grant funding, and work together to meet the needs of adult learners no matter where they live in the region.

Accessibility is one of the advantages of the hub model, adopted by the

Maine Department of Education State Office of Adult Education in 2018. Adults are highly mobile, often living in one town while working in another. Additionally, their children may attend school in a different district, or they might provide care for a family member three towns away. Wherever they find themselves, it's likely that a Hub 7 program is nearby ready to help them finish high school, prepare for college, train for a new career, and more.

Most Midcoast Hub 7 programs offer adult basic education, high school completion, and college transitions and career support through the Maine College & Career Access (MCCA) grant. Many offer English language learning, workforce training, and general enrichment classes, too.

Midcoast Hub 7 leverages the strengths of each program. Boothbay-Wiscasset Regional often sends learners who want to earn credits for an adult high school diploma to

Merrymeeting Community and Adult Education, the largest Hub 7 program, serving RSU 1 (Greater Bath), MSAD 75 (Bowdoin, Bowdoinham, Harpswell, and Topsham), Brunswick, Region 10 Technical High School, Richmond, and Two Bridges Regional Jail. Merrymeeting through MSAD 75 is the fiscal agent for Hub 7's Adult Education and Family Literacy Act (AEFLA) federal grant.

Central Lincoln County Adult & Community Education, serving AOS 93 (Bristol, Jefferson, Nobleboro, and South Bristol) and RSU 48 (Bremen, Damariscotta, and Newcastle), runs a robust Certified Nursing

Assistant program in partnership with Lincoln Health.

Medomak-Sheepscot Adult & Community Education, a collaboration between RSU 40 (Friendship, Union, Waldoboro, Warren, and Washington) and RSU 12 (Alna, Chelsea, Palermo, Somerville, Westport Island, Whitefield, and Windsor) works closely with learners to individualize their educational plans as they navigate the demands of adulthood.

Three programs serve the small, tight-knit communities of the Rockland area. **RSU 13 Adult & Community Education** (Cushing, Owls Head, Rockland, South Thomaston, and Thomaston) is a powerhouse of academic programming, offering all services year-round, except personal enrichment classes. RSU 13 is the fiscal agent for Hub 7's MCCA grant.

Just up Route 1 is **Five Towns Adult & Community Education** (Appleton, Camden, Hope, Lincolnville, and Rockport), which also delivers academic classes, along with a very popular enrichment program. Both RSU 13 and Five Towns refer learners

Continued on page 10



FALL 2026

MID-COAST

SCHOOL OF TECHNOLOGY

ADULT EDUCATION

1 Main Street Rockland, ME 04841



WORKFORCE TRAINING CLASSES ★

FUNDING AVAILABLE FOR MOST WORK FORCE TRAINING COURSES

CNA & CRMA Certificate Programs

- CNA - classes start 9/8, 11/17, 3/23....9 weeks, T/W/TH 8:30am-3:00
- CRMA - classes start 10/16, 2/5, 5/7....5 weeks, FRI 8:30am-4:00
- CRMA Recert. - class dates 10/2, 12/11, 4/2, 6/25..1 day, FRI 8:30am-2:00

Welding & Machining

- MIG Welding 1 - class starts 9/226 weeks, T/TH 4:30-7:30pm
- Machining 1 - class starts 10/194 weeks, M/T 4:30-7:30pm

Technology for Home & Work

- Quickbooks Basic & Intermediate - class starts 10/6.....7 weeks, T, 5:30-8:00pm
- Excel 2019 Basic & Intermediate - class starts 10/86 weeks, TH, 6:00-8:00pm
- Excel Advanced - class starts 12/33 weeks, TH, 6:00-8:00pm
- Outsmart the Scammers - class starts 9/21 ...1 Session, M, 6:30-8:00pm
- Google Drive Basics - class starts 9/22 ...2 Sessions, T/TH, 6:00-8:00pm

Dental Assisting

- Classes starts 9/25 and 2/2610 weeks, FRI 9:00am-4:00

Enrichment Classes

- Plumbing Basics
- Marlinspike Ropework
- Singing with Solfege
- Intro to Photography 1
- Artisan Breads
- Five Cards for Getting "IT" Done
- Aging Conversations
- Vegetable Gardening
- Mile High Apple Pie
- Beginner Watercolor
- Makeup Foundations
- Sticky Buns Workshop
- Gingerbread House
- Intro to Knitting.....and many more!

For complete list of courses and course details and to register,
go to midcoastadulthood.com, or scan the QR code above

adulthood@mcst8.org

207-596-7752 x 3

Lots of learning for adults across the region



Patrons enjoy "Wings of Madness," a book talk by R. John Dingle. Photo courtesy of Boothbay Harbor Memorial Library

Most people think of education as going to school or other formal programs, like college and even Boothbay-Wiscasset Regional Adult Education. But learning in adulthood usually happens informally, from conversations with friends, to on-the-job training, to impromptu tutorials from younger people who know how to make an iPhone work right.

Libraries are one of the main outlets for adult learning because it makes sense that institutions dedicated to information, knowledge, and literacy extend that commitment by hosting talks, workshops, and other events for people of all ages.

Free adult programs at Boothbay Harbor Memorial Library this fall include an **Author Talk with Maine author Claire Hersom**, at 10:30 a.m., Oct. 15. Hersom will discuss her debut novel, *Smithfield Junction*, which centers around a small, rural town in 1940s Maine that grapples with reluctant forgiveness after difficult times. Hersom will also discuss her writing process, the joys and challenges of self publishing, and the history of her family's farm, upon which the book is based.

The Red Folder Project led by the staff of Bath-Brunswick Respite Care will be held at 2 p.m., Oct. 20. As caregivers, we dedicate ourselves to supporting someone else every day, but what happens if the unexpected occurs? An illness, accident, or even a sudden absence can leave a loved one vulnerable. This class guides participants through creating a practical, personalized plan for "just in case" moments. Learn how to identify emergency contacts, arrange short- and longer-term care options,

and organize critical information like medical needs, routines, and preferences so others can step in seamlessly when needed.

A Community Conversation on Housing in Midcoast Maine led by the staff of Tedford Housing, a Brunswick-based nonprofit dedicated to empowering individuals and families to move from homelessness to home, takes place at 1:30 p.m., Nov. 12. This conversation is open to all and is meant to be a discussion, not a presentation, with space for questions and dialogue about volunteerism, policy, and other topics that touch on housing in the region.

Boothbay Region author Judy Milinowski will discuss her spiritual memoir, *Bridges to the Beyond: How to Create Real Life Adventures with Angels and Spirit Guides*, at 10:30 a.m., Nov. 19. The memoir details her personal journey through trauma, healing, and connecting with the angelic realm.

For more information about these and other Boothbay Harbor Memorial Library events, visit bbhlibrary.org.

Wiscasset Public Library hosts events for adults, as well, but did not have a calendar prepared at the time of this printing. For more information about upcoming programs, visit wiscasset.lib.me.us.

Libraries are not the only places to learn something new. Coastal Maine Botanical Garden features an extensive catalog of adult workshops, including **Equinox Dye Bath: Natural Dye and Eco-Printing for Honoring Seasonal Transitions**, from 1-4 p.m. Sept. 20.

Continued on page 10

Cultivate Your Growth



Nurture your green thumb, explore a new art form, and connect to the natural world.

With classes starting at \$25 and covering topics such as art, botany, horticulture, and wellness, there is something for everyone. Invest in lifelong learning and immerse yourself in the beauty of New England's largest botanical garden.

COASTAL MAINE
BOTANICAL
GARDENS



For class details and pricing, visit us online!

MaineGardens.org/Learn

Continued from page 8

to **Mid-Coast School of Technology** for workforce training.

Belfast Adult Education, serving RSU 71 (Belfast, Belmont, Morrill, Searsmont, and Swanville) is the bookend of Midcoast Hub 7. Last but not least is **RSU 3 Adult & Community Education** (Brooks, Freedom, Jackson, Knox, Liberty, Monroe, Montville, Thorndike, Troy, Unity, and Waldo).

Boothbay-Wiscasset Regional Adult Education offers adult basic education, high school completion through High School Equivalency Tests (HiSET, formerly, GED), college and career transitions support, English language learning, and enrichment classes to the communities of Boothbay, Boothbay Harbor, and Wiscasset. For more information, email rleonard@aos98schools.org or visit boothbayae.maineadulted.org.

No matter where an adult finds themselves on the journey of lifelong learning, a Midcoast Hub 7 adult education program is there to help them chart a course and find their way whether it's in the town where they live, work, or take care of others. For more information about a Midcoast Hub 7 adult education program near you, visit maineadulted.org.

Continued from page 9

Work with three locally grown or foraged plants to learn the basics of natural dye and ecoprinting, and processes of coaxing color from plants into cloth. Everyone will go home with knowledge of making a dye bath, how to mordant, and caring for dyed items.

Farmers Market Art Week is Sept. 21-25, and the Gardens will host **Bees, Banners & Harvest Botanicals** with Mindy Lighthipe. Instruction focuses on watercolor, gouache, and colored pencil techniques, guiding you from crisp botanical details to rich, layered compositions. Come for one day or all five and create your own farmers' market masterpiece. Each day offers a stand-alone subject using fresh, locally sourced produce and flowers provided on site.

Everyday landscaping choices can either create—or destroy—the habitat that wildlife populations so urgently need. In **Landscaping for Wildlife** on Oct. 2 and 3, participants will study the essential elements of habitat and learn to design, plant, and shape landscapes in ways that are most beneficial to wildlife at any scale.

The course begins with a short online lecture followed by an interactive workshop and field study at the Gardens. Participants will learn to skill-

fully read the landscape through the eyes of a wildlife ecologist and apply that knowledge to make impactful decisions about any landscape they take care of.

Continue developing landscape knowledge and practice in **Ecological Landscape Design**, beginning Friday, Oct. 23. This immersive course takes place over three fall days and introduces the foundational principles of ecological landscape design for home gardeners and emerging professionals. Participants will learn to observe and assess a site, understand its ecological context, and practice hand-drawing conceptual site plans. Through this process, they will learn to develop design interventions that enhance both ecological function and beauty.

For more information, including price and registration, along with other Coastal Maine Botanical Gardens' programs, visit mainegardens.org.

Many other local organizations offer opportunities for personal growth, general interest, creative curiosity, and skill building, including historical societies, churches, community centers, and nonprofits. Just open the Boothbay Register-Wiscasset Newspaper every week to find out where your next learning adventure begins.

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Empowering Yourself Against Scams!

A FREE series to provide you with tools, resources and information to help yourself and others in this age of financial and digital deception

Skidompha Library, 184 Main Street, Damariscotta ME 04543

September 2nd @ 10:30 AM
Banking & Scams

Erin Blomquist of First National Bank's Fraud Team will help us learn how banks respond when clients are scammed, how transfers work, protecting your identity and accounts, plus other essential resources.

October 7th @ 10:30 AM
Medicare & Other Government Scams

A session provided by Medicare Insurance Expert, Maria Solorzano of Cornerstone Financial Services on how scams and Medicare collide. This session will cover how to protect yourself and what actions to take, especially as enrollment season begins October 15th. We will also highlight other government scams and how to be safe and protect yourself.

November 4th @ 10:30 AM
Holiday Recap!

Join Julie Casson of CMRB again, to learn how to be safe as we move into the winter and holiday season. We will cover holiday scams, charity scams, online shopping tips, a general recap of the series, and an open discussion on scams.

Each session will include a notice of the latest scams we are aware of that month and updates from Local Law Enforcement. Refreshments will be served. For more information, contact Julie Casson at jcasson@cmrb.me



The Wiscasset School Department

Welcomes our Amazing Students & Staff

Back to School!

Open House

August 27

School Budget Vote

September 1

First Day of School

K-12: August 31
Pre-k: September 2

Homecoming

September 26

Wiscasset Middle High School



Wiscasset Theater Is BACK!

Fall Production

The Somewhat True Tale of Robin Hood
November 13 & 14

Spring Musical

You're a Good Man, Charlie Brown
TBA

Wiscasset Athletics

BIGGEST SEASON Since pre-2020!

Fall:
Soccer
Volleyball
Cross Country

Winter:
Basketball
Swim

Spring:
Softball
Baseball
Track

Go Wolverines!

Wiscasset Offers

- ~ Culture of Academic Excellence
- ~ All Day Pre-K
- ~ Elementary Swim Lessons for All
- ~ Highly Qualified Teachers
- ~ Outdoor Education
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www.wiscassetsschools.org

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It's time to EXPLORE! Our extracurriculars are the perfect opportunity to UNLEASH your potential and CONNECT with students who share your interests. Whether you want to LEAD a service project or just MAKE MEMORIES with your crew, a club is waiting for you. **Find your passion.**

ATHLETICS: MR. CROCKER

Cross Country	Unified Basketball
Football	Indoor Track
Field Hockey	Baseball
Soccer	Tennis
Cheerleading	Track & Field
Basketball	Swimming

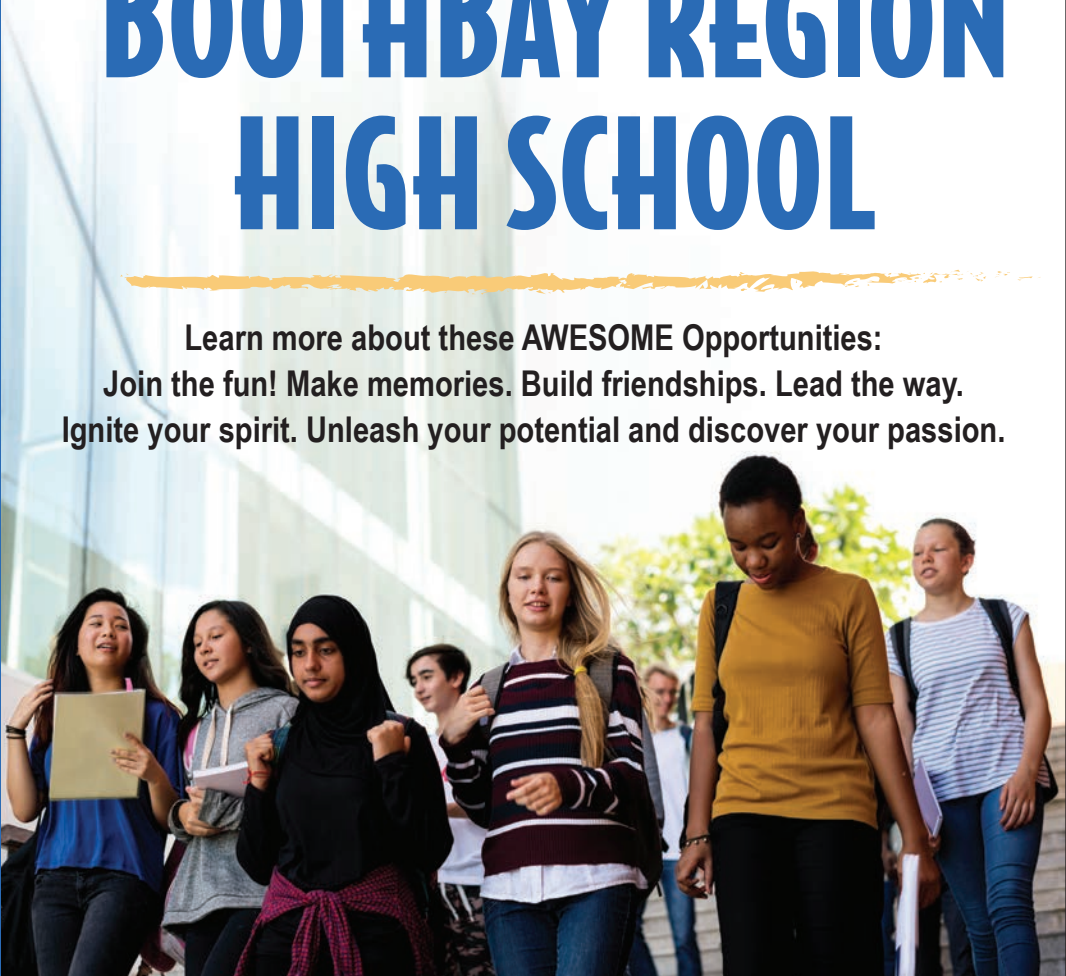
EXTRACURRICULAR ACTIVITES

Interact Club Mr. Harris	Chorus Dr. Miller	Band Dr. Miller
Math Club Mr. Powell	Chess Club* Ms. Hammond	Yearbook* Ms. G.
Drama Dr. Miller	ADEPTT Club* Ms. Ryan & Ms. G.	
Student Council Ms. Lewis	National Honor Society* Mr. Dacus	
Student Health Advisory Board Ms. Labrecque	GST Alliance Ms. Blackman	

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BOOTHBAY REGION HIGH SCHOOL

Learn more about these AWESOME Opportunities:
Join the fun! Make memories. Build friendships. Lead the way.
Ignite your spirit. Unleash your potential and discover your passion.



*COMMUNITY VOLUNTEER OPPORTUNITIES AVAILABLE - EMAIL LBURNHAM@AOS98SCHOOLS.ORG

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YOU'LL LEARN:

- How the real estate industry works
- Key steps in the transaction process
- Essential real estate concepts and terms

FORMAT:

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YOU'LL WALK AWAY:

- Feeling confident navigating real estate
- With clarity on a real estate career

\$ 150



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(PRE-LICENSING)
INDIVIDUALS READY TO GET LICENSED

BEST FOR:

- Future real estate professionals
- Those ready for a career change

YOU'LL LEARN:

- General & Maine real estate laws & practices
- Agency relationships & contracts
- Property ownership & finance

FORMAT:

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- 100% online, self-paced + instructor support

YOU'LL WALK AWAY:

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THE FINANCE AUTHORITY OF MAINE

The Finance Authority of Maine (FAME) College Access and Financial Education team has put together a series of virtual workshops specifically to help adult learners build strong financial foundations, pay for higher education, and manage student loans!

FALL WORKSHOPS | FREE and ONLINE

The Surprising Ways That FAME Can Help
September 8, 2026 • 6:00-7:00 p.m.

BOOK CLUB: Putting the Literacy in Financial Literacy
September 16, 23, 30 and October 7, 2026 • 7:00-8:00 p.m.

Yes, You Can Save for College (and Still Get Financial Aid)
October 2, 2026 • 12:00-1:00 p.m.

Financial Aid Made Simple
October 13, 2026 • 6:00-7:00 p.m.

The Student Loan Repayment Survival...
November 6, 2026 • 12:00-1:00 p.m.

Saving for Education: How Your Money Habits Add Up
November 10, 2026 • 6:00-7:00 p.m.

More Than Just College: Exploring Education and Training Pathways
December 4, 2026 • 12:00-1:00 p.m.

Finance Boot Camp
December 8, 2026 • 6:00-7:00 p.m.

Scan code to learn more or visit
FAMEmaine.com/Communityed





Maine's Community Colleges

FREE COLLEGE - HOW IT WORKS

1 Have A High School Diploma

(or equivalent) from 2023 or later



2 Enroll

Pursue a degree or certificate program at least part time during the following time frames:

2023 grads: No later than Summer 2026
2024 grads: No later than Summer 2027
2025 grads: No later than Summer 2028
2026 grads: No later than Summer 2029



3 File the FAFSA

File online at studentaid.gov/FAFSA.
Please note: If you aren't eligible or can't complete the FAFSA, contact the colleges' Financial Aid Office. All federal and state aid is applied before the Free College Scholarship.



4 Live in Maine

2023 - 2025 grads: while enrolled
2026 grads and beyond: For full year prior to admission and while enrolled



5 Complete Your Certificate or Degree

2023 - 2025 grads: Scholarship available up to 200% of program completion time. (Four years available for a two-year program.)
2026 grads and beyond: Scholarship available for up to 150% of program completion time. (Three years available for a two-year program.) **Part time is OK!**



Please note:

- You cannot earn more than one associate degree under the Free College Scholarship.
- You can use the Free College Scholarship to get two stacked, one-year certificates or a certificate and an associate degree in the following scenarios:
 - If the two certificates are stackable. (Ex. Heating certificate, Plumbing certificate)
 - If the certificate leads to the associate degree. (Ex. Automotive Chassis certificate + Automotive Technology degree)
 - If the two certificates are directly related. (Ex. Construction Technology certificate and Electrician Technology certificate)

Learn More!





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spent
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economic
benefits



EDUCATIONAL
& ECONOMIC
OUTCOMES



80%
career
advancement
rate

15%
increase in
household
income

Higher
Employability
& Job Stability

REAL-WORLD
IMPACT



EMPLOYMENT
Increased workforce
participation and
filling skill gaps.



SELF-SUFFICIENCY
Reduced reliance on
public assistance,
greater financial
independence.



COMMUNITY INVOLVEMENT
Stronger civic
engagement,
volunteerism, and
community
leadership.

Source: Maine Department of
Education and Center for
Workforce Research and
Information. Data based on
2024 Analysis.



Invest in Learning.
Fuel Maine's Future.

CONGRATULATIONS 2025-26 GRADUATES!



From top to bottom:

Graduates Colin Mettle, left, and Peter Young celebrated their graduation with Margit Ahlin and Raye Leonard in October at Barrett's Park.

Graduates Madison Lorrain, left, Brody Giles, and Jeffrey Mckinney received their high school equivalency diplomas in January in a ceremony in the Boothbay Region High School library. Not pictured: Graduate Kyla Warren

Friends and family joined graduates Larsson Lugg and David Shaw in a ceremony held in May at Wiscasset Middle High School.

Graduates Nevaeh Morin, Camla Dunbar, and Allyson Warren celebrated high school completion in June, at Barrett's Park. Not pictured: Anina Halter.



Wondering How to Give Back to the Boothbay Region?

YOU CAN HELP SUPPORT THE EDUCATIONAL GROWTH OF OUR COMMUNITY.

The Boothbay Region Student Aid Fund (BRSaf) has been helping eligible students pursue higher education since 1964. In the past 10 years, more than four million dollars has been awarded to students pursuing their educational goals. For the 2025–2026 academic year, BRSaf awarded more than \$500,000 in grants (not loans) based on financial need.

WHO WE SUPPORT

- BRHS graduates who are enrolled in an accredited community college, technical school, college, university, or graduate program may apply for financial assistance for up to six years.
- Older students, career changers, returning students, and students pursuing graduate degrees are encouraged to apply.
- Students who attended Boothbay Region High School and have questions about their eligibility are encouraged to contact BRSaf. Special circumstances are reviewed on an individual basis.

For more information please contact:
BRSaf | P.O. Box 239 | Boothbay Harbor, ME 04538
or email brsaf.org@gmail.com
www.brsaf.org



Boothbay Region
Student Aid Fund