

MSAD 52 Adult & Community Education **#YOURNEXTSTEP!**

***Expanding Opportunities &
Changing Lives! That's HiSET®***

**We are an official HiSET®
testing center!**

**CALL 207-225-1010
to get started!**

NEW CLASSES!

How to use VENMO Safely!
CANVA for AWESOME Beginners!
Fall Floral Design
Wreath Making
The Art of Sourdough
Practical Folk Medicine

**Earn Your Diploma
On Your Time!**



www.msad52.maineadulted.org • Call us today to get started 225-1010



Big news for our community! We are thrilled to introduce Adam Sikora, our new MSAD 52 Adult & Community Education Director.

Adam drives innovation through team collaboration and looks forward to building lasting community connections.

Please join us in giving Adam a huge, warm welcome when you see him around!

*Ready for #YOURNEXTSTEP? We want to hear your ideas for the community!
Call Adam or our team at 225-1010.*

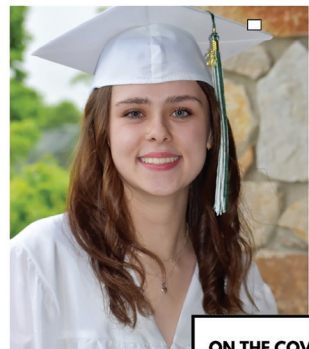
FREE MAINE COLLEGE TRANSITIONS • REGISTER TODAY!

Taking your first steps into college is easier than you think. Our College and Career Advisor can meet with you to complete career assessments, explore options that fit your needs and design a learning plan just for you! Receive support in applying for financial aid, scholarships, placement in workforce training programs, resume writing, interview skills & so much more!

***College planning doesn't have to be overwhelming.
We provide the friendly, step-by-step support
you need to thrive.***

***Register today and call 225-1010 to claim your free,
personalized session.***

Let's take #YOURNEXTSTEP together!



ON THE COVER

**SHAYE
GARGAN** **2026
Graduate!**

Shaye Gargan graduated as our youngest student, earning the prestigious Gail Sinese Award which recognizes individuals who believe in the transformative power of education to change lives! Now chasing her dreams in healthcare, she is proof of what you can achieve here!

Discover free, personalized learning plans designed around your busy schedule. Whether you want to finish your High School Diploma, ace the HiSET®, head to college, learn English, or try a new hobby, we are here to help you take #YOURNEXTSTEP!

Earn Your High School Diploma • Need a few credits to finish high school? Flexible scheduling and a learning plan to fit your busy life. Connect with us today!

The HiSET® Exam • No cost. No stress. Just pure career advancement. If you are a Maine resident 17 or older, you can prepare for and pass the HiSET® exam completely free of charge. Get the friendly, supportive classroom environment you deserve at our official computer-based testing center. Your next chapter is waiting...call us today to claim your free spot!

College Transitions @ CMCC • Prepare for college! This free program provides students with free assistance for course planning, resume writing, skill building and financial aid applications. We offer expert guidance to navigate the enrollment process. Next session starts in September - We are taking enrollments NOW!

Multi-Language Learners (MLL) • Improve your English proficiency for work, school or daily life. Practice your speaking, writing, reading and listening skills with a professional instructor. This program is FREE and welcomes all skill levels - connect with us today!

Enrichment & Community Classes • Learn something new or get paid to teach what you love! Our community enrichment courses are the perfect way to explore fun activities like arts, crafts, cooking and wellness. If you have a skill to share, you can earn extra income by becoming an instructor. Call us today to learn more!

Call 225-1010/email: adulted@msad52.org



TAKE #YOURNEXTSTEP with US!



SEPTEMBER

Master the Leash!

Turn your chaotic walks into peaceful strolls! This dog obedience workshop delivers real training results that busy dog owners need. Spaces fill up fast. Register today to create a happier, closer bond with your dog!

SAT/SEPT 12 9:00am-2:00pm \$65



Run Club - Grades 2-6

Does your child love being active in the outdoors? Run Club is the perfect after-school outlet and is a great way to build endurance, confidence and friends!

ON MONDAYS/SEPT 14-NOV 2

3:00-4:15pm \$75

Digital Photo for Newbies

Learn from an expert! Have your camera ready to master special modes: program, manual, aperture, shutter priority, lighting and basic composition. Take this workshop to upgrade your photography skills!.

**TUES/ONLINE SEPT 15, 22 & 29, OCT 6 & 13
5:30-7:00pm \$95**

How to use Venmo Safely

new!

Stay relevant by learning all about Venmo! Discover how to securely pay friends and receive money without the need for cash or checks. Master Venmo and handle mobile payments with ease and security.

**THURS/SEPT 17 Live Online 1:00-2:00pm
\$30 (access to the class recording)**

ServSafe Food Safety Courses

Gain the ultimate competitive edge and protect your guests with a nationally recognized safety certification. Built for food industry professionals, this course transforms you into a high-demand safety expert. Master the advanced standards that health inspectors look for. Elevate your credentials and safeguard your business!

SAT/SEPT 19 8:30am-3:00pm \$145



Gentle Ayurvedic Yoga

Join this virtual class to transition gently into Fall. Restore balance, slow down and calm your nervous system using Yoga and Ayurveda. Through mantra meditation and healing practices, you will release stress and welcome the season with ease and vitality. All levels welcome!

MONDAYS/6 weeks/SEPT 21- OCT 26

ONLINE 5:30-6:30pm \$75

new!

CANVA for Awesome Beginners

Unlock your creative potential! Whether creating stunning flyers, eye-catching social media posts, or beautiful personalized gifts, this workshop is for you!

**THURS/SEPT 24 Live Online 1:00-2:00pm
\$30 (access to the class recording)**

Taking in the Good Guided Meditations

Join us for a nurturing exploration of *Taking in the Good*, a meditation practice grounded in the science of positive neuroplasticity. Discover how to intentionally absorb positive experiences, helping your brain build lasting inner resources of safety, satisfaction and connection.

**THURS/6 weeks/SEPT 24-OCT 29
ONLINE 6:30-7:30pm \$75**

Ukulele for Beginners!

Discover the joy of music in these stress-free, Zoom-based ukulele sessions! Filled with fun and laughter, the instructor will teach you the basics so well you won't want to put your instrument down. Bring your uke and join in on the fun!

**SESSION 1: TUES/SEPT 29, OCT 6, 13 & 20
SESSION 2: TUES/OCT 27, NOV 3, 10 & 17
6:00-7:30pm/\$85 per session**

Fast-Track to Social Media Marketing for Business

new!

A fast-paced course designed to equip business owners, entrepreneurs and marketing professionals with the essential skills needed for marketing success!

TUES/SEPT 29 Live Online 1:00-2:00pm
\$30 (access to the class recording)

OCTOBER

CANVA Power Hour

Take your skills to the next level! Perfect for users already familiar with Canva basics but want to discover time-saving shortcuts, design hacks and new skills!

TUES/OCT 6 Live Online 1:00-2:00pm
\$30 (access to the class recording)

new!

Pumpkin Floral Design

Celebrate the beauty of Fall and create a stunning pumpkin floral arrangement. Blend the vibrant colors of locally-grown flowers with the rich hues of the season's pumpkins. Bring a friend and have a blast!

OCT 14 6:00-8:00pm \$45



CPR/AED & First Aid/CPR of ME

Immediate CPR can double or triple survival rates. Our hybrid course fits busy schedules with flexible online learning followed by quick, hands-on expert practice. Earn a two-year State of Maine certification and be ready when it matters most.

MON/OCT 19 OR NOV 16 4:30-8:30pm \$118



www.msad52.maineadulted.org

Photo Phone Rescue

new!

Are you running out of storage on your phone? Transform your chaotic photo collection into an organized library you can actually navigate. Learn to delete the clutter, create printed photo books and protect your precious memories!

TUES/OCT 27 OR DEC 15 Live Online 1:00-2:00pm \$30 (access to the class recording)

NOVEMBER

Worm Composting for Beginners

Learn to build and maintain a worm bin! Discover how to harvest castings and vermin-compost for gardens, houseplants and worm tea. All supplies are provided.

TUES/NOV 3 6:00-8:00pm \$10

TUES/FEB 9/HARVEST 6:00-8:00pm FREE!



Your Kid's Phone: A Parent's Survival Guide

new!

Protect your child with this informative workshop. Discover how to turn critical safety insights into actionable steps to manage your technology.

THURS/NOV 5 Live Online 1:00-2:00pm
\$30 (access to the class recording)

Create a Thanksgiving Candle Centerpiece

new!

Elevate your holiday hosting with this handmade centerpiece! In this workshop, learn the art of combining seasonal foliage, textured gourds and warm candlelight. Register with a friend!

NOV 23 6:00-8:00pm \$65

ChatGPT for Beginners

Learn all about ChatGPT! Discover how it works and why it's taking the world by storm. Explore practical everyday uses in the workforce and at home.

TUES/NOV 10 Live Online 1:00-2:00pm
\$30 (access to the class recording)

Gentle Ayurvedic Yoga WINTER

Nourish your body, calm your mind, and embrace the quiet wisdom of Winter. This gentle practice blends yoga, Ayurveda, breath work and mantra meditation to support rest, resilience and balance throughout the season.

MONDAYS/6 weeks/NOV 9-DEC 21 (no class NOV 23) ONLINE 5:30-6:30pm \$75

Instant Piano for Busy People

Play piano like a pro using chords. Practice at home on your own keyboard with zero pressure. In just a few hours, you will gain skills for a lifetime of musical enjoyment!

MON/NOV 9 6:30-9:30pm \$70

Instant Guitar for Busy People

Have you always wanted to learn how to play the guitar? Master essential basic chords so you can start strumming your favorite songs right away. The fee includes an online book, digital follow-up lessons, a class recording and access to sessions.

TUES/NOV 10 6:30-9:00pm \$70

new!

Loose Watercolor Floral Painting

An introduction to painting in Watercolor. This class is designed to guide beginners through the world of loose watercolor florals, helping you develop your skills and embrace a free-flowing, painting style.

ENROLLMENT IS OPEN/ONLINE & SELF-PACED! \$129



Pet Photography

Explore techniques to take professional-quality portraits. Learn how to work with all different types of subjects, from individuals and groups to children and pets. Learn from an expert to master the gear you will need to create inspiring work!

TUES/NOV 17 & 24 7:30-9:00pm \$59

Understanding Maine's Death & Dignity Act

Navigate a deeply personal topic with clarity and fact-based guidance. Learn your exact legal safeguards and get the clear answers you need. Choose from two convenient online dates.

TUES/OCT 6 OR NOV 10 6:00-7:30pm FREE

DECEMBER

Google Sheets for Beginners!

Explore this powerful platform used by professionals and organizations worldwide to manage data, track finances and stay organized. This hands-on course will teach you the essential skills needed to navigate spreadsheets with absolute confidence.

TUES/DEC 1 Live Online 1:00-2:00pm \$30 (access to the class recording)



Fresh Balsam Wreath Making

new!

Craft a handcrafted fresh balsam wreath from scratch. Discover the techniques required to select and layer evergreen branches to make a masterpiece. We provide fresh balsam and all the embellishments and ribbon for your beautiful wreath! A perfect gift to give!

4 dates to choose from! NOV 30 • DEC 2 • DEC 9 6:00-8:00pm \$65/per class

FEATURED INSTRUCTOR!



Karen Walton
COOKIE ARTIST

Transform simple treats into edible art at our hands-on Cookie Decorating Workshops! Whether you are a complete beginner or a seasoned pro, you will learn beautiful icing techniques in a fun, creative environment. Bring your friends, tap into your artistic side and leave with a box of stunning creations.

SEPT 24/FAVORITE FOODS
OCT 22/SPOOKY SWEETS
NOV 19/PUMPKIN SPICE
DEC 10/SNOWMAN FUN
DEC 17/HOLIDAY CELEBRATION
JAN 14/WINTER WONDERLAND

Spots are limited, so grab yours before they're gone. All materials are provided!
THURS/6:00-8:30pm - \$50/per class. Register **ONLINE** anytime!

Winter Tree Landscape

Embark on a creative journey with this beginners guide to painting. Dive into the enchanting world of soft sky landscapes and winter trees! This course is designed to make painting accessible and enjoyable for everyone, regardless of experience.

ENROLLMENT IS OPEN/ONLINE
\$9/a link will be emailed upon registration.

new!

Create a Balsam Centerpiece!

Bring seasonal charm to your table! Join this workshop to craft a custom holiday centerpiece using fresh, fragrant balsam boughs. We provide everything you need, including beautiful containers, fresh greenery and festive embellishments.

DEC 21 6:00-8:00pm \$52

new!

DECEMBER CONT. ---

Nature & Bird Photography

Unlock the secrets to stunning wildlife photography in this interactive online masterclass! You will master essential camera settings, framing techniques and composition rules to capture breathtaking shots of moose, birds, seals and other animals.

TUES/DEC 1,8,15,22/ONLINE

5:30-7:00pm \$69



Smartphone Photography

Unlock the full potential of your smartphone camera with expert photographer Steve. This online workshop covers essential camera controls, striking composition techniques, and affordable editing and management apps. You will also discover insider secrets for seamlessly sharing and printing your favorite shots.

TUES/DEC 1,8,15,22/ONLINE

7:30-9:00pm \$79

JANUARY ---

5-String Banjo for Beginners *new!*

What to do when the winter winds blow? Learn to play the five-string banjo, of course! If you are interested, you will need a playable five-string banjo (four-string banjos will not do), so start thinking about getting yourself one.

NEW! COMING JANUARY 6, 2027!

An Introduction To VoiceOvers

Turn your voice into income with this beginner-friendly, 90-minute online class featuring a live professional coach, script reading, and personalized feedback to help you decide if voice acting is your path. Participants must be 18 or older.

ONGOING/Instructor will connect with you once you are registered! \$49

Grandmother Medicine: Practical Folk Medicine

Ready to heal yourself and connect with nature? Discover the power of folk medicine in this beginner-friendly, 3-part masterclass. Learn to use everyday plants and simple lifestyle shifts to relieve common ailments naturally. No experience needed—just your curiosity! Space is limited, so secure your spot today.

Take It Easy: Stress & Anxiety

Hot and Bothered: Pain

Sleep Tight: Sleep & Sleep issues

CALL 225-1010 for more information!

ONLINE VIA ZOOM \$25/per class.



Time for a NEW Career as a Behavioral Health Professional (BHP)

MSAD 52 & Woodfords Family Services partnering to offer these courses:

Children's Behavioral Health Services are vital to Maine's children with Intellectual Disabilities, Autism and Mental Health Disorders and to their families.

A Certified BHP has the opportunity to make an immediate impact while helping a child grow and develop to their full potential.

MORE INFO & START DATES ONLINE
www.msad52.maineadulted.org

FEATURED CLASS!



The Art of Sourdough: A Beginner's Class

Master the art of sourdough in these hands-on classes for absolute beginners. Learn everything from managing a starter to mixing, shaping and baking your first artisan loaf. Every student leaves with active sourdough starter, recipes, care instructions and essential baking tools to ensure sweet success at home! 4 dates to choose from!

TUES/OCT 13 • NOV 11 • DEC 9 • JAN 6 • 6:00-8:00pm \$60/per class

BoomerTECH Adventures ONLINE Courses!

- Conquer Your Mac Photos App
 - Intro to Mac Basics
 - Intro to iPhone Basics
 - Intro to Zoom Basics
- Deliver Online Zoom Courses
 - Cooking Adventures
- Digital Tools for the Memoir Writer

**\$40/EACH COURSE
SELF-PACED & FUN!**

**REGISTER TODAY @
boomertechadventures.com**



Driving Education Classes
Starts every 2 weeks @ Leavitt!

SIGN UP TODAY!

NO WAITING LIST!

This means you can get in right away!

NO DRIVING BACKLOG!

*You are actually driving WHILE learning
the content - and finish earlier!*

FOR STARTS DATES/REGISTER ONLINE
www.BudsDriving.com
email: Jen@BudsDriving.com

REGISTER ONLINE: www.msad52.maineadulted.org

GET MOVING!



Zumba® Fitness

Perfect for every body and everybody! Each class is designed to bring people together. Once the rhythms take over, you'll see why Zumba® is often called exercise in disguise. A total workout, combining elements of fitness-cardio, conditioning, balance and flexibility! Experience boosted energy and a dose of awesomeness! Bring water, a towel, comfortable clothing, sneakers and a smile!

WED/SEPT 16-OCT 14 6:00-7:00pm \$45

Drop-ins welcome/\$10 paid to instructor

Zumba® Halloween Party!

Join us for one night of Halloween fun Zumba® style! Costumes are encouraged but not required. We'll light up the gym with party lights and decorations! There will be treats and prizes for all along with voting for best costume.

WED/OCT 28 6:00-7:30pm ONLY \$10!

Drop-ins welcome/\$10 paid to instructor

ONGOING!

CASAS PREP

Designed for healthcare students who need targeted practice to master the competencies assessed by the CASAS test. Strengthen reading comprehension skills, improve scores and meet the benchmark requirements for training programs.

ONGOING - CALL 225-1010 \$20

WIOA Academic Assessment Preparation

Prepares students for mandatory basic skills assessments like TABE or CASAS. Through classroom instruction and online study, students sharpen foundational reading, writing and math skills!

ONGOING - CALL 225-1010 \$20



Boost your career on your own schedule! Master in-demand skills with expert-led online courses tailored for professional development.

Learn anytime, anywhere! Explore data analytics, project management and leadership. Focus on high-impact skills to land a promotion or earn industry-recognized credentials and CEUs. MindEdge has a course for you!

**Explore MindEdge courses today!
mindedge.com/msad52**

The HiSET®

Earn your high school equivalency diploma with MSAD 52 Adult Education! The HiSET® exam is completely FREE for Maine residents aged 17 and older. Whether you want to qualify for a better job, enter the military, or head to college, we provide the preparation classes, free practice testing and support you need to succeed.

ONGOING - FREE! CALL 225-1010 FMI!



Learning something new! Over 300 affordable, fun and flexible online courses!

Boost your job skills, master a new computer program or explore a brand-new hobby!

Access your course 24/7! Friendly, expert instructors guide you every step of the way.

Most courses last just 6 weeks with short, easy-to-follow lessons.

Explore photography, cooking, computer basics, medical coding and so much more!

CHECK OUT ed2go.com/msad52



Become Nationally Certified with a New Career!

CLINICAL MEDICAL ASSISTING (CMA) 16-week all-inclusive program. Prepares you for the NHA® CCMA® (Certified Clinical Medical Assistant) Exam. (Includes CCMA® Exam fees, practice exams, textbooks, resume assistance and supplies). **START DATES: 10/13/26 & 2/23/27**

MEDICAL CODING PROGRAMS 20-week In-Depth Program with AAPC® national certification. Includes Medical Terminology, Two CPC®-A exam attempts, AAPC® membership, Three practice tests and all required text and reference books. **Live/Online Classes: Tuesday & Thursday, 5:30-7:00pm OR Online: Start anytime, Self-Paced!**

NEW! MEDICAL BILLING AND CODING PROFESSIONAL 36-52 Week Program with two AAPC® certifications, CPC®-A & CPB®. Coders identify correct codes; billers use those codes to submit claims. Combining these two skills creates a powerful advantage with broader career opportunities. **Includes/20-Week Coding Program plus 16-Week Self-Paced Medical Billing Program with CPB® exam fees, study guide and textbooks.**

PHLEBOTOMY PROGRAM Become a Certified Phlebotomy Technician in just 10 weeks! Our all-inclusive program prepares you the NHA® CPT®. (Includes CPT® Exam fees, textbooks, exam review course, resume assistance and all supplies). **Tuesday & Thursday evenings 5:30-8:30pm Online classes with live instruction!**

DENTAL ASSISTING PROGRAM 12-week all-inclusive program. Learn all aspects of dental assisting with optional one day lab. Prepares you for the DANB RHS® national exam. Includes all books, practice tests, study prep & DANB RHS® exam fees. **START DATES: 9/14/26 2/2/27 OR SELF-PACED OPTION: Start anytime!**

PHARMACY TECHNICIAN CERTIFICATE 14-week, all-Inclusive, PTCB®-Recognized Training Program designed to prepare you to earn your Certified Pharmacy Technician CPhT® credential. Includes all learning materials, one year program access and PTCB® CPhT® exam fees. **Self-paced, entirely web-based program. Start anytime!**

CERTIFIED MEDICAL OFFICE ASSISTANT 16-Week, all-inclusive with simulated Electronic Medical Records (EHR), NHA® CMAA® exam fees, textbooks, resume & job assistance. **Online, Self-paced- Start anytime!**

**CALL 1-866-516-8274 • REGISTER ONLINE: www.academyofmedicalprofessions.com
MENTION MSAD 52 ADULT EDUCATION WHEN CALLING!**

MSAD 52 Adult & Community Education
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you started! Earning your high school
equivalency credential with the HiSET
Exam opens the door to higher pay,
exciting new careers and college
opportunities!*

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