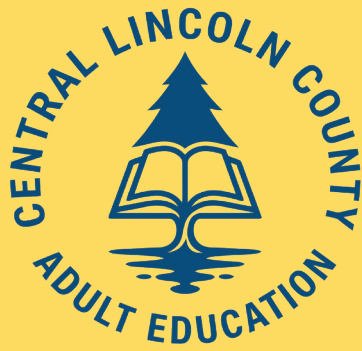
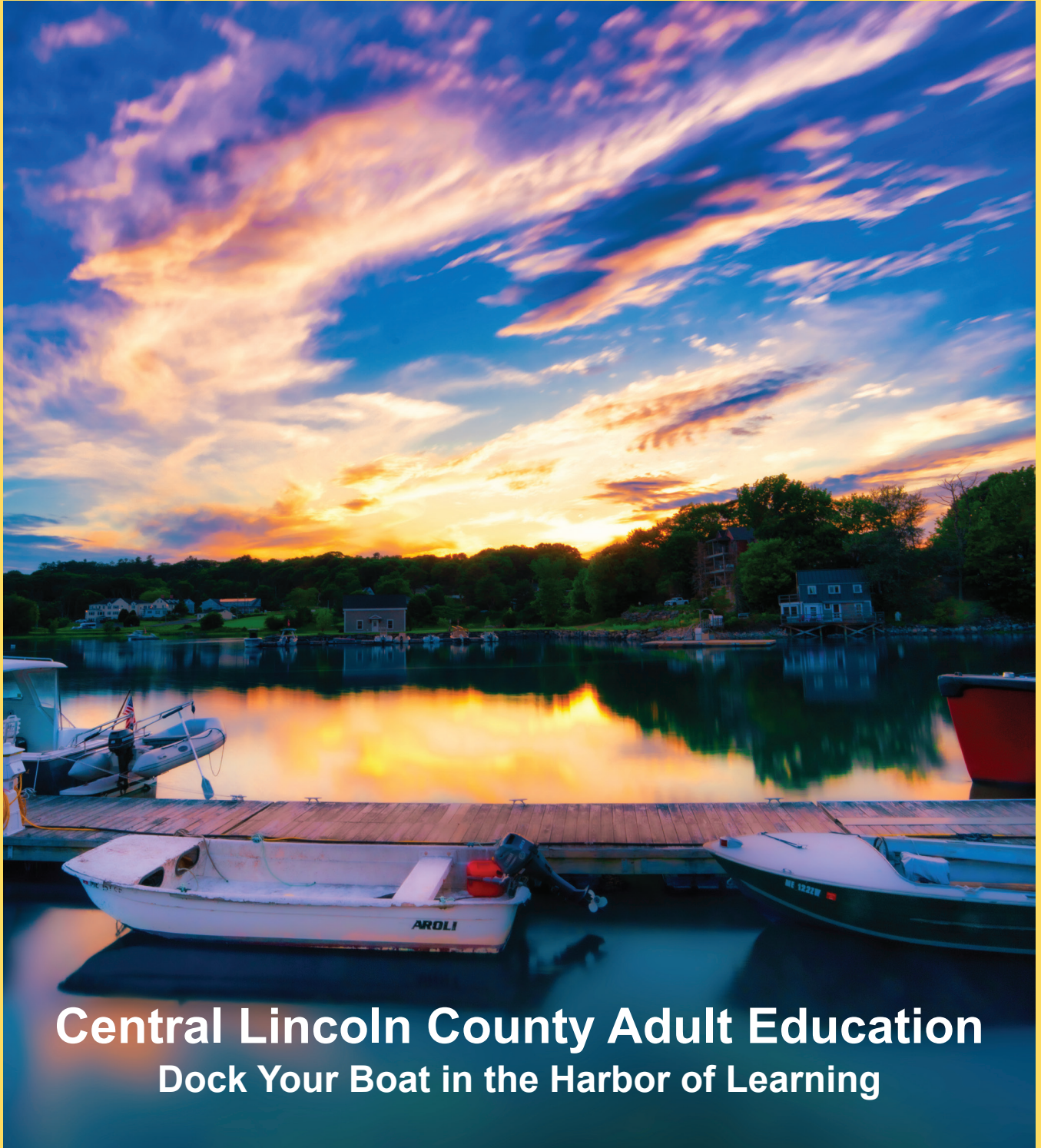




Fall 2026 & Winter 2027 Course Catalog



Central Lincoln County Adult Education
Dock Your Boat in the Harbor of Learning

Register NOW at clcae.maineadulted.org ~ email: info@clcae.org ~ phone: 207.506.2633 x 0204

Students In Action



Cover photos by Abiezer Disla

Message from the Director

Greetings!

We've had a busy summer at CLCAE and hope everyone has managed to find time for summer joy, as we begin to welcome in the cooler weather and the shorter days that signify the start of a new school year. A few important highlights include celebrating 5 HiSET graduates in June and a final cohort of CNA graduates! We have also MOVED to a new office at 529 Main Street, Damariscotta, after many years in our previous location up the road. We are excited to be sharing an office with the RSU #48 Superintendent and staff and look forward to hosting an open house in September.

Whether you want to learn a new language, build career skills, advance your employment or earnings, reach educational goals, or explore new interests, we are here for you. We have many new enrichment offerings this year, so don't miss out! To learn more about the resources and services we can provide, please email, call, or stop by our new location at 529 Main Street, Damariscotta, or call 207-506-2633 and enter ext. 0204 to reach our Program Coordinator.

To register for a course, visit clc.maineadulted.org and click on the COURSES button.

Please take a look at the opportunities throughout this brochure and if you don't see something you're interested in or have an idea for a class, please reach out! We are always looking for new instructors, perspectives, and connections to our community.

You can #MoveAheadWithAdultEd!

Cassie Robichaux

Cassie Robichaux, Director



Symbols & Abbreviations



= online class



= virtual class



= very popular class

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What's New?

- CLC Adult Ed Office Location!
- CLC Adult Ed Phone Number!
- CLC Adult Ed Email!
- English Language Learning
- Basket Weaving
- Learn to Play the Banjo
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- Understanding Medicare
- Serious Smither II
- Soap Making
- Children's Book Publishing
- AI for Retirees / AI for Small Business Owners
- Trips to America's Music Cities / Scotland



Staff

Instructor, Elizabeth Potter

Program Coordinator, Bonnie Merrill

Director, Cassie Robichaux

Our Class Locations

AEO: Adult Education Office, 529 Main St., Damariscotta
GSB: Great Salt Bay School, 559 Main St., Damariscotta
Home Studio: Waldoboro (address upon registration)
Instructor's Workshop: 62 Middle St., Wiscasset
Masonic Lodge: 529 Main St., Damariscotta

Adult Education - HiSET & Literacy

Are you or someone you know ready to get your high school diploma?

Maine Adult Education offers FREE instruction and testing to those seeking to earn their high school equivalency diploma. The HiSET® (High School Equivalency Test) has replaced the GED in Maine since 2014.

If you're sixteen or older and do not have a high school diploma, the High School Equivalency Test (HiSET®) could be your route to improved career prospects, further education, and increased earning potential.

HiSET® provides individuals with the opportunity to obtain a high school equivalency diploma with the same legal standing as a regular high school diploma. Through guided study, pretesting, and five official subject tests, the HiSET Program allows test-takers to demonstrate proficiency of the academic skills and knowledge expected by employers and colleges. HiSET® is aligned with the national College and Career Readiness Standards for Adults.

To learn more about the HiSET®, call Central Lincoln County Adult Education at: 207-506-2633 x 0204.

Join us in the HiSET® Preparation & Adult Learning Center

CLC Adult Education Office, Damariscotta
No registration or test fees

School Year Evening Hours:
Tuesdays & Thursdays, 6:00 – 8:00 p.m.
School Year Daytime Hours:
Thursdays, 9:00 a.m. – NOON

HiSET®

We have study options for every schedule!

- Attend our Learning Center hours for in-person instruction.
- Design a combination of both in-person and online study that best meets your individual needs.
- Study independently at home using our online platform.



English Language Learning (ELL)

- Are you interested in improving your English? Call or email us today!
- Vous souhaitez améliorer votre anglais ? Appelez-nous ou envoyez-nous un courriel dès aujourd'hui.
- Você tem interesse em melhorar o seu inglês? Ligue ou envie um e-mail para nós hoje mesmo.
- Je, una nia ya kuboresha Kiingereza chako? Tupigie simu au tutumie barua pepe leo.

We welcome all new English Language Learners. Learning English can help you prepare for a new career, obtain a driver's license, communicate with your child's school, or prepare for a citizenship exam.

1:1 tutoring, conversation classes, and citizenship classes are available through us or our partner organizations. Call for more information: 207-506-2633 x 0204 (FREE)

Get the Skills You Need for a New Career or Higher Education



Central Lincoln County Adult Education is part of the MidCoast Hub 7 community of programs. We work collaboratively with other programs across the MidCoast, so please contact us if you have questions or would like to know more about other program services.

- Boothbay Wiscasset Regional Adult Education (207) 882-9710
- Medomak Sheepscot Regional Adult & Community Education (207) 785-2277
- RSU 13 Adult & Community Ed (207) 594-9764
- Five Town CSD Adult & Community Education (207) 236-7800
- Merrymeeting Adult Education (207) 729-7323
- MidCoast School of Technology (207) 596-7752,
- RSU 3 Adult & Community Ed (207) 568-3426
- Belfast Adult Education (207) 338-3197



College Planning: Extracurricular Activities, What Colleges Look For and How to Stand Out

Michelle McAnaney

Extracurricular activities can make a college application stand out. Colleges look at your activities to infer how likely you are to get involved in the campus community. In this course, you will learn: how colleges use extracurricular activities to make decisions about applicants; what kinds of activities stand out on an application; how to describe your activities in the application; what to do if you're not that involved in activities; and how colleges define extracurricular activities. (It's not what you think!) Target audience: parents of students in grades 8-12.

1 Night
Tuesday
Virtual Live



7:00 - 8:00 p.m.
10/20/26
\$15

207.506.2633 x 0204

SET YOURSELF UP FOR SUCCESS

We are a satellite tutoring site for the Maine Community College System

HEADING OFF TO COLLEGE?

Services we offer:

- College and Career Advising
- Accuplacer Testing
- Academic Tutoring in Mathematics and Writing
- Free Online Biology or Chemistry with Lab
- Study Habits Review
- Assistance with College Homework

Certificate Training:

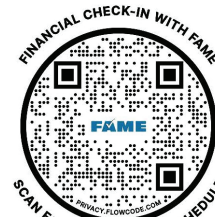
- Clinical Medical Assistant
- Dental Assistant
- Certified Nursing Assistant
- CLC Class B
- Welding
- CNC Machining, and more

YEAR ROUND ACADEMICS

The Adult Learning Center is open 12 months a year for academic support. Adult Education is your path to college and career success. Call us to take your next steps.

Financial Check-in with FAME

FREE workshops to help you build money-management skills, plan for education costs, and support long-term education affordability. Registration is required.



info@clcae.org



UGotClass

Online Certificates and Courses

NEW CERTIFICATE PROGRAMS

New! Program Planner
Marketing Professional

TOP CERTIFICATE PROGRAMS

Bookkeeping
Mastering Excel
Quickbooks Online
Web Design
AI
SQL
Mastering Payroll

Learn more about these certificate programs
and many more and register at:

yougotclass.org/index.cfm/Lincoln

AI Tools For Small Business Owners **New!**

Preethi Fernando

Artificial intelligence business tools help small businesses work smarter, not harder. Learn to automate e-mails, create pie charts for your reports with chat GPT, screen resumes, create social media posts, make AI videos, create website content, forecast sales, and more. Cut back costs on hiring staff by knowing how to use AI to boost your small business.

1 day (4 Sessions)

Session 1: Sunday, 9/27/26, 11:00 a.m. - Noon

Session 2: Thursday, 10/8/26, 7:00 - 8:00 p.m.

Session 3: Saturday, 11/14/26, 5:00 - 6:00 p.m.

Session 4: Friday, 12/4/26, 6:00 - 7:00 p.m.

Virtual Live



\$35



WORKFORCE SOLUTIONS

A proud partner of the **American Job Center** network

Workforce Solutions staff will be available to provide FREE assistance with employment and training options on a scheduled basis. Topics that can be discussed include resume assistance, interviewing skills, job search techniques and career development. Based on individual eligibility, intensive case management may include training plans and other supportive services.

Call 373-4000, or toll free at 1-888-836-3355 today!

Tuesdays 10:00 a.m. to 3:00 p.m.
CLC Adult Ed Office, Damariscotta

Learn ANYWHERE Learn ANYTIME



ONLINE COURSES

450+ Courses, series and suites to choose from!



COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal Studies
- Math and Science
- Teacher Professional Development
- Test and Exam Prep
- Writing and Editing

COURSE FEATURES:

-  100% Online
-  Learn from industry experts
-  24/7 Course access
-  Start anytime
-  6-Week instructor-moderated or 3-month self-guided formats
-  Receive a certificate of completion

CLC ADULT EDUCATION

To view all courses, learn more and enroll, visit:

ed2go.com/aos93/

Registered Maine Guide Program

Check out page 14
for listings on 3 FREE virtual information sessions
and official training which begins January 19, 2027

Computers & Technology

BoomerTECH Adventures

BoomerTECH Adventures helps Boomers and Seniors create, connect, and contribute using today's technology.

Ed Brazee, Jill Spencer, Chris Toy, instructors

Developed by experienced Maine educators, the courses on this page are fully asynchronous, online courses that students complete on their own time and at their own speed. Each course is a PDF booklet with information about the class, instructions for using the class, and the content of the class (videos and articles). The three instructors provide personalized support for the class via email and/or online chat.

Each course will take you approximately 6 hours +/- over a month's time to complete the tasks depending upon how much time you want to commit. And once you gain access to the class content, you have it to keep and refer to for as long as you need.

TECH REQUIRED: A strong Internet connection (or access to one), and a Mac computer, iPad, or iPhone to access videos and articles. *See our website for complete course descriptions.*

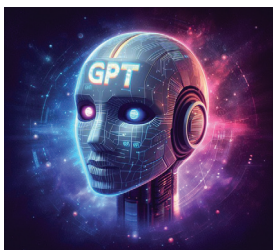
Start anytime

All classes are Online and Self-paced

Fee for each course is \$49

New!

- iOS 26 Unlocked: Get the Most from Your iPhone & iPad
- Same Mac, New Tricks
- iOS 18 Essentials for iPhone
- iPadOS 18 Essentials for iPad
- Master Your Mac Photo App: Organize Like a Pro
- Editing Stunning Photos with Mac's Photos App
- Introduction to iPhone Basics (v2)
- Introduction to Mac Basics
- Hidden Gems Lurking on Your iPhone & iPad
- More Hidden Gems in Your iPhone/iPad
- Maximize Your iPad: Communicate, Create & Connect
- iPhone & iPad Photography: Capture Like a Pro
- Photo Magic on iPhone & iPad: Edit & Organize with Ease
- Take Fabulous Photos of the Flora and Fauna in Your World (v2)
- Unlock Safari's Secrets on Your Mac/iPhone/iPad in Just Five Lessons (3 separate courses)
- Vision Accessibility on iPhone & iPad: 15 Essential Features
- Unlock Your Memoir: Digital Tools to Spark Your Story
- Cooking with BoomerTech Adventures



How to Use Chat GPT Artificial Intelligence

Preethi Fernando

This course is an easy to follow, fun introduction to the fascinating world of ChatGPT artificial intelligence. Unlock the magic of ChatGPT! Learn how to give killer prompts, brainstorm ideas, generate images, upload pdfs, find cooking recipes, create tables and charts, and boost creativity for professional or everyday personal life. This is a great class for working professionals, small business owners, stay-at-home individuals curious about how Chat GPT can improve their work around the house, retirees who want to keep learning to stay sharp, or any curious individual wanting to learn about this incredibly helpful online tool. No tech skills required!

1 Day (5 Sessions)

Session 1: Sunday, 9/27/26, 2:00 - 3:00 p.m.

Session 2: Thursday, 10/8/26, 6:00 - 7:00 p.m.

Session 3: Saturday, 11/7/26, 11:00 a.m. - noon

Session 4: Tuesday, 11/10/26, 7:00 - 8:00 p.m.

Session 5: Friday, 12/4/26, 4:00 - 5:00 p.m.

Virtual Live



\$35

207.506.2633 x 0204

Make Your Music Sound Great: **New!** Music Production for Beginners

Nicholas Bessmer

Ever recorded a song on your phone or computer and wished it sounded more finished? This relaxed, hands-on class shows you how, step by step. We'll take the mystery out of words like mixing and mastering — which really just mean “making your song sound balanced” and “giving it a final polish.” You don't need fancy gear, a music degree, or any background in technology.

We work in GarageBand or Logic Pro, so bring a Mac or an iPad — any recent model will do. GarageBand is free on both, so there's nothing to buy. Bring a song you've already recorded — any style, any skill level. We won't be recording in class; we'll be shaping what you already have. Each week we work together on a real song from someone in the class, so you learn by doing rather than memorizing.

What you'll take away: a working understanding of how a song gets from rough recording to finished track, and the hands-on practice to keep going on your own.

8 weeks

**Tuesdays
GSB**

6:30 - 8:30 p.m.

**begins 9/22/26 (no class 10/27)
\$225**



info@clcae.org

Healthcare Training

Adult / Pediatric First Aid / CPR / AED

Jennifer Harris

This course is designed to educate participants so they can recognize and respond to emergency situations. This course offers valuable lifesaving skills including CPR/First Aid/AED. Certification is issued by the American Red Cross and is valid for two year.

1 Night (2 Sessions)	6:00 - 9:00 p.m.
Session 1: Thursday	10/15/26
Session 2: Thursday	2/11/27
GSB	\$90

Adult First Aid / CPR / AED

Jennifer Harris

This class covers First Aid/CPR/AED for adults only. Classes are designed for initial certification as well as renewal. Upon completion of the course, participants will receive a certificate from the American Red Cross, which is valid for two years.

1 Night	6:00 - 8:00 p.m.
Thursday	11/12/26
GSB	\$65



Behavioral Health Professional (BHP) Certification Training

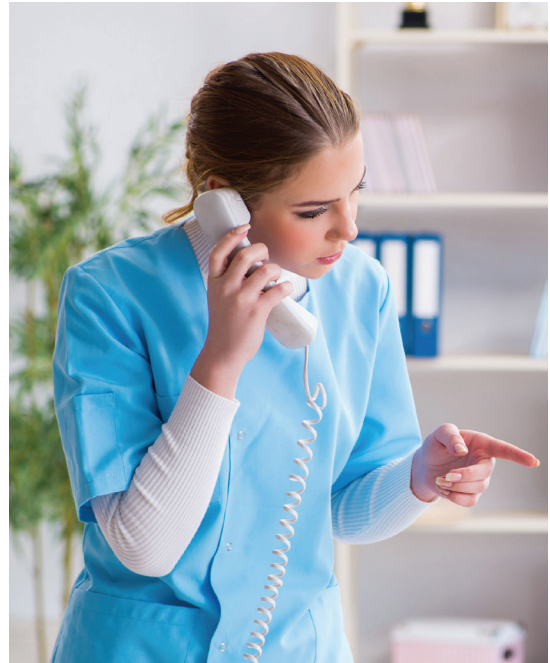
Woodfords Family Services

Ready to make a difference in the lives of children and families? Our free BHP training program equips you with the knowledge, skills, and certification needed to start your career in behavioral health services.

What's included: 12 online, self-paced modules accessible 24/7, learning at your own pace over 6 months, plus 1 live day of training (8-9 hours) available in-person or virtually. To enroll, you must be a Maine resident, be at least 18 years old, possess minimum of a high school diploma or equivalent (proof of education required).

Why join? Completely free of charge, flexible and accessible, it prepares you for meaningful, in-demand work, and a certification recognized statewide. Additional requirements for Certification: Ethics & Boundaries class (2.5 hours, virtual), OSHA-Compliant Bloodborne Pathogens Training (0.75 hours online), Child & Adult First Aid & CPR w/AED Certification (4.5 hours, available through Woodfords).

Open enrollment	Asynchronous
Online	FREE
8	Fall 2026 / Winter 2027



Live Online Classes

Clinical Medical Assisting (CCMA)
October 13, 2026 - February 18, 2027

Phlebotomy
October 13, 2026 - December 17, 2026

Live Online Classes or Online Anytime

Dental Assisting
September 14, 2026 - December 14, 2026

Medical Coding
October 17, 2026 - March 18, 2027

Online Anytime (Self-Paced Programs)
**These programs do not have fixed start dates
and can be started at any time**

Pharmacy Technician

Medical Transcription

**Certified Medical Administrative Assistant (CMAA / Medical
Office Specialist with Billing)**

For more information call us at:
(207) 506-2633 x 0204

www.clc.maineadulted.org



WORKFORCE TRAINING CLASSES *

*FUNDING AVAILABLE FOR MOST WORK FORCE TRAINING COURSES

CNA & CRMA Certificate Programs

- CNA - classes start **9/8, 11/17, 3/23**....9 weeks, T/W/TH 8:30am-3:00
- CRMA - classes start **10/16, 2/5, 5/7**....5 weeks, FRI 8:30am-4:00
- CRMA Recert. - class dates **10/2, 12/11, 4/2, 6/25**..1 day, FRI 8:30am-2:00

Dental Assisting Classes starts **9/25** and **2/26**10 weeks, FRI 9:00am-4:00

Welding & Machining

- MIG Welding 1 - class starts **9/22**6 weeks, T/TH 4:30-7:30pm
- Machining 1 - class starts **10/19**4 weeks, M/T 4:30-7:30pm

Technology for Home & Work

- Quickbooks Basic & Intermediate - class starts **10/6**.....7 weeks, T, 5:30-8:00pm
- Excel 2019 Basic & Intermediate - class starts **10/8**6 weeks, TH, 6:00-8:00pm
- Excel Advanced - class starts **12/3**3 weeks, TH, 6:00-8:00pm
- Outsmart the Scammers - class starts **9/21** ...1 Session, M, 6:30-8:00pm
- Google Drive Basics - class starts **9/22** ..2 Sessions, T/TH, 6:00-8:00pm

Enrichment Classes

Plumbing Basics
Marlinspike Ropework
Singing with Solfege
Intro to Photography 1
Artisan Breads
Five Cards for Getting "IT" Done
Aging Conversations

Vegetable Gardening
Mile High Apple Pie
Beginner Watercolor
Makeup Foundations
Sticky Buns Workshop
Gingerbread House
Intro to Knitting.....and many more!

For complete list of courses and course details and to register,
go to midcoastadulthood.com, or scan the QR code above

adulthood@mcst8.org

207-596-7752 x 3

Arts & Crafts / Cooking

Asian Holiday Appetizers

Chris Toy

Just in time for holiday entertaining, come join Chef Chris Toy for an evening of making some of his favorite appetizers from his six cookbooks. Participants will be making and eating potstickers, egg rolls, cold spicy gluten free sesame noodles, and BBQ spare ribs! Bring containers to take home leftovers.

1 Night

5:30 - 8:00 p.m.

Tuesday

11/17/26

Masonic Lodge, Damariscotta

\$69



Machine Sewing for Beginners

Sandy Clement

Learn the basics of machine sewing and troubleshooting problems while working on three fun projects. As we learn about machine sewing, we'll be making an envelope pillow with insert, a pillowcase using the roll-up method, and a zippered pouch.

Skills learned will include basic sewing machine care and problem solving; preparing, measuring, and cutting fabric; sewing French seams; installing a zipper; and using various machine feet. We will also learn what to do when things go wrong (varies by class). Please bring a working sewing machine if you have one as there will be only a limited number of machines available.

4 weeks

6:00 - 8:00 p.m.

Mondays

begins 9/28/26

GSB

\$95

Machine Sewing Open Studio

Sandy Clement

Have a sewing project you need to finish or need some help with one? Then this class is for you! Bring a sewing project and get hands-on help or just use the time to join some fellow sewing friends. A sewing machine in good working order is needed so let us know if you need a machine for the class. The instructor will have some common supplies on hand such as fabric, thread, zippers, webbing as well as patterns for simple projects. Join us for the fun!

4 weeks

6:00 - 8:00 p.m.

Mondays

begins 10/19/26

GSB

\$95



Farmers' Tote

Rosemary LeMay

Students will learn how to lay out spokes, upset a basket, weave, shape and put on a rim. This tote is the instructor's most popular basket. It is ideal to take to markets or to just pick up a few items. Use this tote to take to the park filled with books, water bottle, snacks, wallet and phone. It is also a nice tote to take on trips with kids...or to place next to a comfortable chair for crafting.

The tote has a removable wooden base, which is 6"x10" and the basket is approximately 12" tall. Straps come in green, brown, black, and navy. Each participant will go home with a completed basket they created.

1 Day

9:00 a.m. - NOON

Saturday

9/26/26

Instructor's Workshop, Wiscasset

\$55

Holiday Driftwood Trees

Chris Toy

Move over mini Christmas trees! A handcrafted tabletop driftwood tree will add a touch of Maine coast to your holiday decor. Join instructor Chris Toy for this fun, hands on craft activity using driftwood and recycled wire from political signs. Additionally, students who choose to, can spruce up their driftwood creation for the holidays with garland, tinsel, ornaments, or even a tree skirt! All materials will be supplied, but feel free to bring you own supplies from your walks along the shore, battery powered drill, and garden clippers.

1 Night

6:00 - 8:00 p.m.

Tuesday

12/8/26

GSB

\$79

Market Basket

Rosemary LeMay

If you are a gardener, this is a perfect basket for you! So treat yourself to a class and walk away with a beautiful market basket to harvest veggies and herbs or to give as a gift. The basket has a nice wooden handle and is perfect for holding gardening hand tools, bug spray and gloves. The base is 10"x12" and the basket is approximately 6" tall. Dyed reed will be available for students who would like a touch of color..

1 Day

9:00 a.m. - NOON

Saturday

9/26/26

Instructor's Workshop, Wiscasset

\$55



Mozzarella Cheese for Beginners *David Baker*

Have you ever wanted to make cheese? This course will show you how you can make fresh mozzarella cheese in less than one hour! Fee includes all ingredients.

1 night **6:00 - 7:30 p.m.**
Wednesday **10/21/26**
Masonic Lodge, Damariscotta **\$25**

Naturalist's Sketchbook *Laurel Dodge*

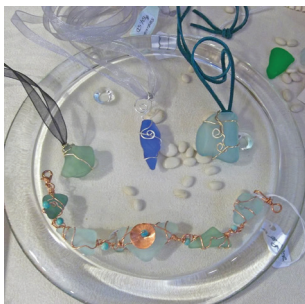
Keeping a naturalist's sketchbook is a hobby that requires minimal equipment and expense but can bring great life satisfaction and a fresh perspective on the natural world around you. In this indoor class, naturalist Laurel Dodge will introduce you to pen and ink, colored pencil, and watercolor art techniques and the many styles available to illustrate your nature journal. Using her wide-ranging collection of nature specimens, you will learn to truly see the intricate beauty and complex forms of plants and animals. Artistic talent is not necessary to keep a naturalist's sketchbook. All that is needed is a sense of wonder and a desire to learn more about nature.

4 Weeks **6:00 - 8:00 p.m.**
Thursdays **begins 11/5/26**
GSB **\$80**

Sea Glass as Wearable Art *Lynne Thompson*

Learn to wire wrap pieces of sea glass, and pottery shards to make wearable jewelry items. Sea glass and wire materials provided, but may bring your own special pieces. Tools to use in class available to share but bringing your own needle nose pliers is encouraged. In this beginner class you will create a minimum of 3 pendants. Written guide sheets provided. A \$20 materials fee made payable to the instructor will be due the first night of class.

2 weeks **6:00 - 8:30 p.m.**
Thursdays **begins 11/5/25**
GSB **\$49**



Beginner Cold Pressed Soap Making *Mei-Ling Cheung*

Have you ever wanted to try your hand at soap making but don't know where to start, don't want to be left with extra supplies, or are intimidated by the thought of working with lye? Mei-Ling Cheung has come up with an easy way to teach her soap making classes remotely and in person. If you can follow directions to a simple baking recipe, then you can make soap.

The materials fee is included in the registration fee, as you will get to choose one of the following Blossom & Root Soap Making Kits to use: 1. Simple Grace Soap Kit 2. Pure & Gentle Soap Kit 3. Coffee Ground Garden Soap Kit! For remote classes the kits can be picked up at the AEO prior to class date.

In-Person 1 night (2 Sessions) **5:00 - 6:30 p.m.**
Wednesday **10/14/26**
Wednesday **11/13/27**
GSB **\$75**

Remote 1 night (2 Sessions) **5:00 - 6:30 p.m.**
Wednesday **11/18/26**
Wednesday **2/3/27**
GSB **\$75**



Serious Smither *Mei-Ling Cheung*

Are you looking for a great activity to occupy your Friday nights? This 6-session class will help students develop crucial metalsmithing/silversmithing techniques. Projects: Fold Form (copper), Tension Hoop Earrings (Copper), Chain Bracelet, Bezel style ring, bolo tie. Students are encouraged to experiment with original designs, creative textures, different metal combinations, and patinas. Good vision and dexterity will serve you well in this class.

6 weeks **5:00 - 8:00 p.m.**
Fridays **begins 1/8/27**
GSB **\$295**

Serious Smither II *Mei-Ling Cheung*

Start off your workweek with a fun and creative class? Every Monday we will learn a new technique to make moveable jewelry. The skill level is the same as the Serious Smither class, but these projects focus on adjustable jewelry or articulating parts. Projects: cold connection pendant, adjustable bangle, hinge hoops, Sweat soldering a funky scrap metal brooch, hinged bracelet. Good vision and dexterity will serve you well in this class.

6 Weeks **5:00 - 8:00 p.m.**
Mondays **begins 2/22/27**
GSB **\$295**

Arts & Crafts / Cooking

Solstice Star



Rosemary LeMay

Solstice Stars are so popular during the winter Solstice! They can be used as tree toppers, to hang in windows, or smaller ones can be used in a garland. This is a fun and easy class. Once students learn, they can gather with friends, kids or neighbors and make several. Excellent for gifts for coworkers or teachers. From point to point, the star is approximately 12". Kits will be available to buy after workshop.

1 Day

Saturday

Instructor's Workshop, Wiscasset

9:00 a.m. - NOON

9/26/26

\$55



Watercolor for Everyone

Holly Smith

This class welcomes all levels of students wanting to experience watercolor painting. The weekly exercises are designed to build confidence through step by step instructions. Techniques such as wet on wet, dry brush, blotting etc. are integrated into each watercolor painting. Color theory and mixing is covered along with how to create a successful composition. Many students have returned each year remarking how much they enjoy the class. They learn something new each time they attend. Come and enjoy meeting great people who love to paint and have fun! The supply list will be available to students after registration.

5 weeks (2 Sessions)

Session 1: Tuesdays

Session 2: Tuesdays

Virtual Live



6:00 - 8:00 p.m.

begins 9/22/26

begins 1/12/27

\$99

Zentangle: Holiday StarZ

Martha Brooks

Join Certified Zentangle Teacher Martha Brooks to create several different styles of stars using a variety of Zentangle tiles. We'll discuss simple tangle designs, use of color, and shading techniques that will enhance your star structures. Supply kits (including Star templates, paper tiles in a variety of shapes and colors, Micron and GellyRoll pens, shading pencils, and shading tools) are included in the registration fee and will be shipped to students prior to the start of class. Therefore, students must register at least 8 days in advance.

2 weeks

Mondays

Virtual Live

12



6:00 - 8:00 p.m.

begins 11/9/26

\$55

Fall 2026 / Winter 2027

Zentangle 101: An Introduction to the Zentangle Method

Martha Brooks

This introductory course teaches the basics of the Zentangle Method of pen & ink drawing. It is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. This course will explore the basics of the Zentangle method, provide instruction in fundamental pen strokes, multiple tangle patterns, and simple shading techniques. We will explore basic components of design and ideas for embellishment. The cost of the course includes a materials kit which will be shipped to students prior to the class start date. Therefore, students must register at least 8 days in advance for the class.

5 weeks (2 Sessions)

Session 1: Mondays

Session 2: Tuesdays

Virtual Live



6:30 - 8:00 p.m.

begins 9/21/26

begins 1/12/27

\$79

Zentangle Family Fun Night

Martha Brooks

Come explore the relaxing world of Zentangle with a family member. "Tangling" has many benefits—increasing creativity and personal awareness, lowering blood pressure & heart rate, improving quality of sleep. Start a wonderful way to create, relate, and appreciate each other! Material Kits include all the necessary materials for two people to enjoy a night of Zentangle. It might just become a new family tradition!

The cost of the course includes the materials kit which will be shipped to students prior to the class start date. Therefore, students must register at least 8 days in advance for the class. Children age 8 and up are welcome.

1 Night (2 Sessions)

Session 1: Wednesday

Session 2: Wednesday

Virtual Live



6:30 - 8:00 p.m.

10/28/26

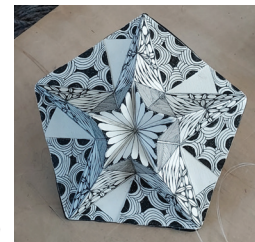
2/10/27

\$49

Zentangle: DorianZ Star

Martha Brooks

This three-dimensional star was designed by Dorian Eng, CZT. Our instructor has taken her design and created a fun, spectacular ZIA (Zentangle Inspired Art). Working with Zentangle Opus tiles (10"x10"), registrants will transfer the star template to two tiles and then fill all the sections with a variety of Tangles. Once "tangled", the stars will be cut out, folded, and glued together. Voila, a three-dimensional Star Ornament is created, stunningly beautiful to behold!



The cost of the course includes a materials kit which will be shipped to students prior to the class start date. Therefore, students must register at least 8 days in advance for the class. Materials kits will include template, transfer paper, Opus paper tiles, several Micron & GellyRoll pens, and shading pencils/tools..

5 weeks

Thursdays

Virtual Live



6:30 - 8:00 p.m.

begins 10/15/26

\$89

www.clc.maineadulted.org

Exercise, Health, & Outdoors



Hand Basics Self Care for Your Hands

Mary Woodbury and Susan Keene Hilton

A session focused on self-care strategies for individuals experiencing osteoarthritis in the hands and upper extremities, aimed at reducing pain and improving mobility.

Key Takeaways: Osteoarthritis affects 32.5 million adults in the U.S., many of whom experience daily pain. Self-care is a conservative, first-line approach recommended by occupational therapists. Practical techniques, assistive devices, and splints can help manage pain and support daily activities. The session includes hands-on learning, with take-home information and samples.

Action Items/Next Steps: Attend the class to learn self-care techniques for upper extremity osteoarthritis. Explore use of supportive devices and splints for pain management. Practice recommended exercises and integrate adaptive strategies and tools into daily routines.

1 day (4 Sessions)

Session 1: Monday	9/28/26
Session 2: Wednesday	10/28/26
Session 3: Monday	1/11/27
Session 4: Wednesday	2/10/27
AEO, Damariscotta	\$50

Yoga for a Healthy Back

Patti Kristiansen

In this gentle yoga class for back care, participants will learn evidence-informed movement practice to support back strength, flexibility, and ease of movement. Through simple, guided movements paired with breath, participants will stretch and strengthen muscles, reduce tension, and improve balance and stability.

This class is especially supportive for those experiencing stiffness, mild discomfort, or wishing to care for their back in a safe and mindful way. All necessary equipment (mats and props) is provided.

6 weeks	4:00 - 5:15 p.m.
Wednesdays	begins 9/23/26
Home Studio, Waldoboro	\$145



Women's Gentle & Restorative Yoga

Patti Kristiansen

This gentle and restorative yoga class offers a welcoming space to move, breathe, and unwind. Participants will be guided through accessible yoga shapes, calming breath practices, and mindfulness, with time for deeply restful, supported postures.

Designed to support relaxation, flexibility, strength, balance, and overall well-being, this class is open to all women, with no prior yoga experience needed. All necessary equipment (mats and props) is provided.

6 weeks	5:30 - 6:45 p.m.
Wednesdays	begins 9/23/26
Home Studio, Waldoboro	\$145

Flow and Gentle Yoga Live - Online

Nicola Eden

An invitation to meet yourself exactly where you are with curiosity and compassion through traditional poses and slow flowing movement reaching for the sky and back down to earth. This engaging and sustainable yoga practice is intelligently sequenced and allows for familiarity with the movement and opportunities to make it uniquely your own. Participate in this live-online class from the convenience of your home and create balance in your life with this gentle practice of mindfulness, breath, movement, and relaxation.

5 weeks (5 Sessions)

Session 1: Saturdays

Session 2: Saturdays

Session 3: Saturdays

Session 4: Saturdays

Session 5: Saturdays

Virtual Live

8:00 - 9:00 a.m.

begins 9/19/26

begins 10/24/26

begins 11/28/26

begins 1/9/27

begins 2/13/27

\$75



Explorations in Chair Yoga Live - Online

Nicola Eden

You are invited to move and breathe mindfully in this yoga practice, with fluid and functional movement and more traditional holds. The chair can allow participants to access individually appropriate yoga postures and support physical alignment on a stable foundation. Participants move in and out of the chair in this engaging and sustainable 60-minute live-online class. Connect with registered yoga teacher Nicola Eden and meet yourself exactly where you are with curiosity and compassion in the comfort of your home.

5 weeks (5 Sessions)

Session 1: Saturdays

Session 2: Saturdays

Session 3: Saturdays

Session 4: Saturdays

Session 5: Saturdays

Virtual Live

9:30 - 10:30 a.m.

begins 9/19/26

begins 10/24/26

begins 11/28/26

begins 1/9/27

begins 2/13/27

\$75



Intro to Chair Yoga Live - Online

Nicola Eden

You are invited to this gentle movement, breath, and mindfulness practice designed to enhance your well being. Participants remain seated and supported by a stable chair the whole time with a focus on mobility with a flowing, active range of motion, and stability by holding postures steady, all on a foundation of self-compassion. This 30-minute yoga class is offered to you live-online in the comfort of your home.

5 weeks (5 Sessions)

Session 1: Saturdays

Session 2: Saturdays

Session 3: Saturdays

Session 4: Saturdays

Session 5: Saturdays

Virtual Live

11:00 - 11:30 a.m.

begins 9/19/26

begins 10/24/26

begins 11/28/26

begins 1/9/27

begins 2/13/27

\$45



Exercise, Health, & Outdoors

Food Addicts in Recovery Anonymous (FA) Information Session



FA offers a solution for people who are overweight, underweight, and/or obsessed with food, weight, or dieting. At the session you will hear more about FA and from people who have found a solution through the FA program. For access information call 207-250-7373 or email fa.newcastle.maine@gmail.com

1 night
Tuesday
Online
6:30 - 8:00 p.m.
10/20/26
FREE

Zoom: History of Malaga Island

Alice Bean Andrenyak

Learn about the eviction of a complete community living on Malaga Island in Casco Bay in 1912. Learn the prehistory of the island's use by our indigenous people and post-history of the island after the eviction. Learn a bit about the mainland African-American village in coastal Maine that no longer exists but predated the Malaga Island Colony. Visit the island remotely through a slide show created by Master Maine Guide, Alice.

1 night
Tuesday
Virtual Live

7:00 - 8:30 p.m.
1/12/27
\$35

Zoom: Map and Compass Level 1

Alice Bean Andrenyak

Hike, snowshoe, geocache, hunt, and enjoy the woods and fields of Maine with confidence that you can read a topographic map, understand the symbols, know which way a river flows, plot a course bearing, use online resources, and how to get to safety. Familiarization with using a compass and map outdoors included. There is homework to practice in between each class. Students will have access to an online textbook. Perfect for future Registered Maine Guides or Trip Leaders. Students must have a DeLorme Maine Gazetteer and a 2-degree baseplate compass..

2 weeks
Tuesday
Virtual Live, Zoom

6:00 - 8:30 p.m.
begins 9/22/26
\$55

Navigating Midcoast Maine

Coast Guard Auxiliary Flotilla 2-5

Mid Coast Maine has one of the most beautiful coastlines in the world, but within the beauty are hazards that can quickly ruin your day on the water. Geography, tides and weather can combine to make even the most experienced mariner opt to stay ashore. This introduction to navigation course that can help recreational boaters cruise the area safely.

To take the course you need either a printed chart or access to an electronic chart of the Boothbay area. Paper Chart and Nav Tools: We recommend charts printed on quality paper so you can draw (and erase) course lines using a pencil and add information easily. The NOAA chart of the area is The Three Rivers Chart (#13293). In addition two charting tools are recommended. The chart and tools may be purchased separately at the start of class. The chart costs \$30. Along with a paper chart you should have two navigational tools. One is a divider (compass)-cost: \$10. The other is a roller plotter or parallel rule-cost \$35.

5 weeks
Wednesdays
GSB
6:00 - 8:00 p.m.
begins 10/7/26
\$59

14

Fall 2026 / Winter 2027

Boat America

Coast Guard Auxiliary Flotilla 2-5

Learn boating skills from experienced boaters who patrol midcoast coastal waters from Small Point to Port Clyde. TOPICS INCLUDE: Introduction to Boating; Boating Laws; Safety Equipment; Safe Operation and Navigation; Boating Emergencies; Trailering; and Sports and Boating.

In order to operate a boat over 25 hp on inland and coastal waters Maine now requires persons born on/or after January 1, 1999 to have taken the course Boat America, pass an exam, have the state's Boat America card, and be registered in Maine's Department of Inland Fisheries and Wildlife database. Completing this course satisfies the requirements.

2 weeks (4 classes)
Monday, Wednesday
GSB
6:00 - 8:00 p.m.
begins 9/21/26
\$65

Registered Maine Guide Program

Information Sessions

Zoom: Become a Registered Maine Guide - How to Train!

Alice Bean Andrenyak

Want to be a Registered Maine Guide? Don't know the process? Trying to decide how to train to take your tests? Want to know the rules about guiding? Take this one-hour interactive free Zoom class. Get your answers and create your future!

1 night (3 Sessions)
Session 1: Tuesday
Session 2: Monday
Session 3: Thursday
Virtual Live

7:00 - 8:30 p.m.
11/17/26
12/7/26
1/7/26
FREE

Official Course Training

Zoom: Registered Maine Guide Training Course

Alice Bean Andrenyak

Train to become a working Registered Maine Guide, not just a test taker. Learn the skills that guides use daily, including map & compass, coastal navigation, shelter building, separated client searches, cooking, advanced first aid, weather predicting, trip planning, canoeing, snowshoeing, SUP'ng, id's. Plus, specialty skills for future guides for specialties including Recreation, Sea kayaking, Tidewater Fishing, Inland Fishing, and Hunting. This ten-session hybrid program includes Zoom, optional all-day skill workshops, and homework assignments. Optional skills workshops are offered at an additional cost. Those thinking of becoming a Registered Maine Guide will need to take a first aid and CPR course, not included (see page 8 for our Healthcare Training listings). No class on 2/16/27.

10 weeks
Tuesdays
Virtual Live

5:30 - 8:30 p.m.
begins 1/19/27
\$500

www.clc.maineadulted.org

General Enrichment

Introduction to Geology and Geology of the Pemaquid Region

Pete Streker

The class will cover the geological history of Earth, how plate tectonics work, the formation of Maine, our local rocks, and glacial impact on our local surface area. There are three classroom sessions, plus one field trip to explore the geology of the Pemaquid Region. The field trip is scheduled for Saturday, October 17th. It is recommended that you purchase the book – Geology of the Pemaquid Region Mid-Coast Maine by David M Pope (2015), prior to attending class.

3 weeks

Wednesdays, 1 Saturday Field Trip (10/17)
GSB

6:00 - 7:30 p.m.
begins 10/7/26
\$45

Beginner Gardening Design

Mei-Ling Cheung

Winter can be a great time to plan and prep your garden for spring planting. Join us for a two day workshop to create a plan for your space. Please bring photos of your location, and proximate measurements for your project. You will walk away with your own design for your own property. Please bring your own lunch to class.

1 day
Saturday
AEO

10:00 a.m. - 2:00 p.m.
2/6/27
\$75

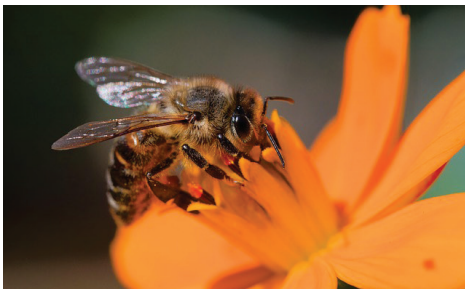
Everblooming & Pollinator Garden

Mei-Ling Cheung

An everblooming garden in Maine provides colorful interest from April through November! While we are talking about these beautiful bloomers, we will also discuss which plants provide season-long food for our pollinator friends.

1 night
Wednesday
GSB

5:00 - 6:00 p.m.
2/10/27
\$20



AARP Smart Driver

Steven Dhein

This is the nation's first refresher course specifically designed for drivers aged 50 and older. Join us to help reduce the chances of accidents or getting a ticket and maybe learn something new along the way. Check with your insurance company to see if they offer a discount for taking this course. A materials fee of \$25 is due at class. Members of AARP may prepay for the course through AARP at a reduced price of \$20.

1 week (2 classes)
Tuesday & Thursday
GSB

6:00 - 8:00 p.m.
begins 10/7/26
FREE to register

Women's Basics of Pistol Shooting

Alice Bean Andrenyak

In a non-threatening safe environment with no live ammunition present, learn the basics of: handgun safety at home; how to handle a pistol safely; parts of a pistol and ammunition; fundamentals of pistol shooting including holding, stance and aiming; common malfunctions; cleaning; and selecting a pistol just right for you.

To pass this nationally rated course and get certified you must: attend all sessions and actively participate, pass a written examination, and pass the ten-foot shooting qualification, all within two weeks of the last class session. Certification can be used to apply for a Maine Concealed Carry Permit. A two-hour semi-private range lesson time will be scheduled separately from class and is an additional fee.

2 weeks
Wednesdays
GSB

5:30 - 8:45 p.m.
begins 9/23/26
\$135

Women's Defensive Pistol Fundamentals

Alice Bean Andrenyak

Over two weeks in a safe environment, you will learn the mindset and skills to protect yourself and those that you care deeply about with and without a firearm. Women shoot and learn differently from men, so this is a women's only class. You will learn or review the basics of handling a firearm and then about self-defense and more importantly how to be safe when moving in public. Learn the difference between accurate target shooting and defensive shooting.

Practice will be inside the classroom using SIRT pistols (laser only shooting pistols) but you will be seriously challenged. Holsters and special clothing will be used. A \$35 textbook is included. No firearms are to be brought to class. This course meets Maine's Concealed Carry Permit application requirements.

2 weeks
Saturdays
GSB

8:30 a.m. - 12:15 p.m.
begins 10/17/26
\$135

Co-Ed Basics of Pistol Shootings

Alice Bean Andrenyak

In a non-threatening safe environment with no live ammunition present, learn the basics of: handgun safety at home; how to handle a pistol safely; parts of a pistol and ammunition; fundamentals of pistol shooting including holding, stance and aiming; common malfunctions; cleaning; and selecting a pistol just right for you.

To pass this nationally rated course and get certified you must: attend all sessions and actively participate, pass a written examination, and pass the ten-foot shooting qualification, all within two weeks of the last class session. Certification can be used to apply for a Maine Concealed Carry Permit.

2 weeks
Saturdays
GSB

1:00 - 4:45 p.m.
begins 10/27/26
\$135

Visit our website
www.clc.maineadulted.org
for other classes by Alice Bean Andrenyak

General Enrichment

Write Great Letters!

Laurel Dodge

Letter writing is an old-fashioned skill that stands the test of time. Writing a letter to those you care about is a gift of your time that can become a treasured heirloom to the receiver. In this class we will examine examples of great handwritten letters, learn how to compose a letter that will delight the recipient, and we will create our own heartfelt letters and mail them to friends and family..

4 weeks

Tuesdays
GSB

6:00 - 8:00 p.m.

begins 10/27/26
\$60

Babysitters Training

Jennifer Harris

This three-hour course is for firearm owners and non-owners. You will learn what to do when you see an attack or if you are attacked and respond with force. You will learn how to contact the first responders, how prosecutors might view what you did, rules about concealed carry in the US and Maine, and various ways to protect yourself without using a firearm. Part 2 of a 3-part series but can be taken separately.

1 day (2 Sessions)

Session 1: Wednesday, 10/28/26
GSB

4:00 - 8:00 p.m.
\$125

Session 2: Saturday, 1/23/27
AEO

10:00 a.m.- 2:00 p.m.
\$125

Medicare

Maria Solozano

This course will provide answers to understand Medicare rules and how to navigate joining Medicare, whether turning 65 or leaving employer coverage.

1 night (3 Sessions)

Session 1: Wednesday
GSB

6:30 - 8:00 p.m.

10/14/26
FREE

Session 2: Thursday
Cornerstone Office, Waldoboro

12/10/26
FREE

Session 3: Monday
GSB

2/8/27
FREE

The Maine Death with Dignity Act

Casimir Bemski

There is still a lot of misunderstanding and misinformation about Maine's compassionate end-of-life care option. Many providers and patients in Maine are still not familiar with Maine's Death with Dignity Act. In effect since September 2019, the law permits physicians to practice medical aid-in-dying under specific circumstances. Know the facts and, if qualified, the right to access medical aid in dying if they choose.

Join this class to get fact-based information and all the details you need to know about Maine's law, how to have the conversation with your physician, and how to qualify for the law or support your loved one who may be qualifying. (No materials/supplies required).

1 night (2 Sessions)

Session 1: Tuesday

Session 2: Tuesday
Virtual Live



6:00 - 7:30 p.m.

10/6/26

11/10/26
FREE

Children's Book Publishing

Preethi Fernando

Achieve your dream of getting your children's book published. Learn the traditional book publishing and self book publishing routes, how to get your children's book published on Amazon, how to format your book, design your cover, upload your book to Amazon, get printed copies, and more. This class does not teach you how to write your children's book. It teaches you how to get it published, online or in printed format, and how to get your book into the market for others to access. The instructor is the author of fifteen books. She is the winner of Stephen King's Haven Foundation Award.

1 day (4 Sessions)

Session 1: Sunday, 9/27/26, 10:00 - 11:00 a.m.

Session 2: Saturday, 10/17/26, 12:00 - 1:00 p.m.

Session 3: Tuesday, 11/10/26, 8:00 - 9:00 p.m.

Session 4: Saturday, 12/5/26, 1:00 - 2:00 p.m.

Virtual Live



\$35



AI for Retirees

Preethi Fernando

Enrich your life, learn a new skill, or satisfy a curiosity by learning to use AI as a helpful resource. Stay connected to what's happening in the world! This class provides AI tools for creating a memoir, exploring information on health and wellness, planning a trip, tracing genealogy, preparing meals, learning a new language, or picking up a new hobby like growing bonsai or scrapbooking. No technical knowledge required. This is a fun, easy to follow class!

1 day (4 Sessions)

Session 1: Sunday, 9/27/26, 10:00 - 11:00 a.m.

Session 2: Friday, 10/30/26, 12:00 - 1:00 p.m.

Session 3: Tuesday, 11/10/26, 8:00 - 9:00 p.m.

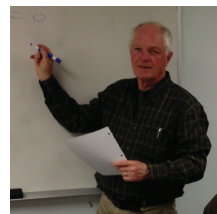
Session 4: Tuesday, 12/1/26, 1:00 - 2:00 p.m.

Virtual Live



\$35

Visit our website
www.clc.maineadulted.org
for other classes by Preethi Fernando



Teach with us!

You've got talent

Why not share it
with your community!

Call Or Email us today at:
(207)507-2633 x0204 / info@clcae.org

www.clc.maineadulted.org

Music, Dance & Theater

Five-String Banjo for the Absolute Beginner

Duncan Perry

What to do when the winter winds blow? Learn to play a five-string banjo, of course! If you've been wishing you could play that five-string sitting in your closet or collecting dust in the attic, your time has arrived! And if you don't have a banjo, we will help you try to find one. This program is an introduction to the five-string banjo for absolute beginners. In it we'll cover banjo setup, tuning and care, as well as chording, strumming, and finger picking basics, plus we'll play some tunes! We'll focus on learning techniques popularized by Pete Seeger and have a look at the clawhammer method used by many country and old-time enthusiasts. The goal is to set you on a path to developing your own style of playing the mighty banjo. After all, every day should be a banjo day!



4 weeks
Wednesdays
Virtual Live



6:00 - 7:30 p.m.
begins 1/6/26
\$85

Ukulele for Beginners **Duncan Perry**

Ukulele players are popping up everywhere! Want to be one? Here's your chance to learn how to play this wonderfully versatile, go-anywhere, instrument in a relaxed program taught with humor by our popular instructor, Duncan Perry. He will introduce you to essential chording and playing skills using familiar songs. And did you know that playing the uke is not only a stress buster and fun but it's also good for your brain! The uke is a musical powerhouse on which you can play rock, folk, country, blues, jazz, classical – nearly any style, and, of course, the tunes that grandma and grandpa know. Once you master the basics, you won't want to stop. Bonus: you don't need to read music – just sign up, tune up and show up!

4 weeks (3 Sessions)
Session 1: Tuesdays
Session 2: Tuesdays,
Session 3: Tuesdays,
Virtual Live



6:00 - 7:30 p.m.
begins 9/29/26
begins 10/27/26
begins 2/2/26
\$85

Ballroom Dance **Megan Dinsmore**

Join the party and learn to dance. Beginner ballroom dance will cover the basic steps for the waltz, tango, rumba, bachata and more. This six week class will give you the confidence to get up and dance the night away or simply add a dance routine to your workout. Guaranteed great exercise to wonderful music. This class will make you smile...so...get your partner and your dancing shoes and let the fun begin! Please bring your dance shoes with you for class.

6 weeks
Thursdays
GSB

7:00 - 8:30 p.m.
begins 9/18/25
\$119 per couple

207.506.2633 x 0204

Instant Piano for Hopelessly Busy People

Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do, by using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration. Ages 13+.

1 day
Saturday
Virtual Live



9:00 a.m. - noon
10/24/26
\$79

Instant Guitar for Hopelessly Busy People

Craig Coffman

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is partly hands on instruction and partly lecture/demonstration. Ages 13+.

1 day
Session 1, Tuesday
Virtual Live



1:00 - 3:30 p.m.
10/24/26
\$79

Visit our website
www.clc.maineadulted.org
for other classes by Craig Coffman



Getting Paid to Talk: An Introduction to Voice Over -- Live Webinar

Voice Coaches Staff, Albany NY

From audio books to advertisements and beyond, we encounter recorded voices everywhere! In this one-night, live online class, your instructor will take you behind-the-scenes in the voice over field for a fun and realistic look at how the voice over field really works. You'll gain inside perspective on developing skills, and how to leverage your voice's strengths and interests, and more. Because this class is live, you'll have the opportunity to ask questions! Additionally, there will be a chance for a one on one script read.

1 night (2 Sessions)
Session 1: Monday
Session 2: Monday
Virtual Live



6:30 - 8:00 p.m.
11/2/26
2/1/27
\$55
17

info@clcae.org

INFORMATION & REGISTRATION FORM

Registration

Have you registered for classes with us before?

☐ Yes ☐ No

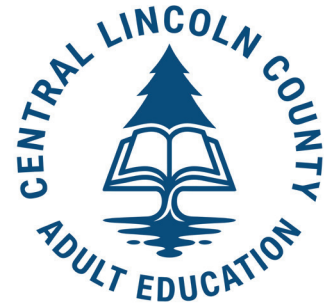
Registrant Name: _____

Address: _____

Email: _____

Phone Number: _____

Date of Birth: _____ over 65? ☐ Yes



Course Title	Day/Date	Fee
TOTAL		

Payment Method

☐ Check – Payable to: *CLC Adult Education*

Credit or Debit Card



Card Number: _____

Exp. Date: _____ Amount \$ _____

Cardholder's Name: _____

Signature _____

Zip Code for CC Billing: _____

Please note: a \$1.99 fee is added to each CC registration

Register easily!

Mail

To use a credit card or check payable to CLC Adult Education and send payment to:

CLC Adult Education
529 Main Street, Damariscotta, ME 04543
(include the completed registration form)

Call

Call us at (207) 506-2633 x0204 to give payment information and register over the phone

Online

Register at clc.maineadulted.org and click on 'Courses'

Visit our office

Come into our new office and register in person at:
529 Main Street, Damariscotta, ME 04543

Teach for us

Have a great idea for a class? We would love to hear it! Call or email us at info@clcae.org.

Refund Policy

Registration fees will be refunded if we cancel a course or if a student withdraws at least one month before the start of a course. A \$5 processing fee will be retained if a student withdraws within 30 days and up to 5 business days before the start of a course. No refunds are made after a class has started or within less than 5 business days of the start of a one-day class. The remainder of fees will be refunded by check or applied to your original credit card. No refund for missed one-session classes or classes less than \$20. The \$1.99 credit card processing fee per class is non-refundable. To avoid this fee please feel free to pay your registration with a check or cash. Exceptions to this policy may be made at the discretion of the Director.

Registration Confirmations

Students who provide an email address will receive confirmation of enrollment. Others may call to confirm your registration or the class status.

Inclement Weather

If day school is canceled or dismissed early due to inclement weather, in person Adult Education classes will also be canceled. Notification will be posted on our website and on a recorded message at 207-506-2633 x 0204. Virtual classes are held regardless of school cancellation due to weather.

Calendar

We follow the school calendar and observe all federal and state holidays.

Changes & Cancellations

We reserve the right to cancel courses, change times and substitute instructors as necessary.

America's Music Cities April 25 - May 2, 2027

New!



Join us for a virtual live information meeting about our planned trip to America's Music Cities, next spring. Enjoy a finger-snapping, toe-tapping time on a tour of America's most famed musical cities--New Orleans, Memphis, and Nashville.

Experience New Orleans, where jazz, food and fun are always on the menu. Explore New Orleans with a tour highlighting the city's musical history and influence. Spend two nights in Memphis, "birthplace of the blues".

Choose how you explore Nashville highlights--with a chocolate-making lesson or a visit to the Johnny Cash Museum. Enjoy reserved seats at the Grand Ole Opry in Nashville. See where country legends recorded hit tunes at RCA Studio B. You'll be hummin' and strummin' long after you've returned home!



Free Virtual Live Information Night
Wednesday, October 7, 2026 from 5:30 to 7:00 p.m.

New!

Discover Scotland September 27 - October 6, 2027



Join us for a virtual live information meeting about our planned trip to Scotland, next fall. From its rugged sea-sprayed islands to its stately castles layered in history, Scotland awaits. Discover a land of rolling green highlands, friendly sheepdogs, and historic castles. Visit a family-run Highlands farm and watch sheepdogs at work in the mountain wilderness. Learn how the bagpipe, that quintessential Scottish instrument, has become such an integral part of the country's culture. Discover the Neolithic ruins on Orkney and how they have shaped the island today.

Free Virtual Live Information Night
Thursday, February 11, 2027 from 5:30 to 7:00 p.m.

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