Old Orchard Beach/Saco Adult Education

Learning for Better Living

In general, we recommend that you bring a notebook and something to write with (or a digital alternative) to any class. For fitness classes, wear comfortable clothing, supportive shoes, and bring water. Please find below lists of additional materials for certain classes.
Note: Not all classes are listed here, just courses that require additional materials.

Advanced Beginner Swing for Couples

- Wear comfortable clothing and soft soled shoes.

Advanced Smartphone Photography–Live Online

- Computer
- Stable internet connection
- Fully charged smartphone (Android or Apple)

Ballroom Dancing for Couples

- Wear comfortable clothing and soft soled shoes

Basic Sewing Machine Maintenance

- Your sewing machine and an extension cord or power strip
- Headlamp and/or small flashlight
- Stubby flathead screwdriver
- 1 or 2 long-handled screwdrivers
- Phillips head screwdriver
- 1 large tweezers
- 1 set of dental tools/scrapers (with several types of heads)
- Krud Kutter kitchen degreaser
- Universal sewing machine oil with Zoom spout
- Plastic pry tool kit
- Pipe cleaners
- Q-Tips
- Shop towels/low-fuzz paper towels (recommends 1 roll Scott Blue Shop Towels)
- 1 or 2 toothbrushes
- Optional: Blue Creeper Multipurpose lubricant, padded mat to protect your work surface, Superlube Synthetic Grease, magnetic tool, small magnetic tray to hold parts, 1 or 2 small spray bottles, and 1 squeeze bottle with needle cap.

Beginner Adult Tap

- Bring tap shoes
- Wear something comfortable to move in

Beginner French

- Textbook: 15-Minute French, DK Publishing, 2023 Edition, ISBN 978-0744073713

Beginner Guitar

- A nylon or steel-stringed acoustic guitar
- Picks (plectrums)
- An electronic tuner (or a smart phone with a tuner app)
- Textbook: Hal Leonard Method Complete Edition (approx. $20–$25)

Boat America

- Date of birth is required for enrollment
- Please bring a drink, lunch, notebook and writing utensil

Chair-ish the Rhythm: Seated Folk Dance

- Wear something comfortable to move in

Computer Tutoring

- Your MacBook or PC laptop (If you do not have one, you can use one of our Windows laptops.)
- All usernames and passwords for your computer and/or any programs (Microsoft, websites, email, etc.) that you need assistance with

Creative Writing Mini Workshop

- 12 copies of a first-page or one-page writing sample to the first class.

Digital Photography for Newbies–Live Online

- Computer
- Stable internet connection
- Your camera

Drawing Basics

- A drawing pad
- Pencil-charcoal
- Soft or extra soft vine charcoal
- Strathmore charcoal paper
- A gum or kneaded rubber eraser
- Optional: Easel.

Early Winter Welcoming Forest and Bog Walk at the Saco Heath

- Dress warmly and wear crampons or treads on your feet so as to stay upright!

Essentials for iPads (OS 18)–Online

- An iPad Pro (M4/3rd gen+), iPad Air (M2/3rd gen+), iPad (7th gen+), or iPad mini (A17 Pro /5th gen+)
- A strong internet connection
- A Mac computer, iPad, or iPhone to access videos and articles

Essentials for iPhones (iOS 18)–Online

- iPhone with iOS 18 (iPhone XR, 11 through 16, and SE (2nd & 3rd generations)
- A strong internet connection
- A Mac computer, iPad, or iPhone to access videos and articles.

Folk Art Rug Hooking

- Kits, ranging from $41-$60 and payable to Janet in class, include a hook, instructions, binding, burlap, a hoop and a selection of one-of-a-kind heirloom and hand-dyed wools. Review designs/kits at jconnerhookedrugs.com and email jconnerhookedrugs@gmail.com specifying your kit choice(s).
- Your lunch
- Sharp fabric scissors

Getting Started with AI: A Beginner's Guide–Online

- A strong internet connection
- A computer, iPad, and/or iPhone
- Required: Knowledge on how to use links within a PDF, watch videos hosted on YouTube, and navigate tabs in an internet browser.

Granny Squares for Beginners

- A size 5 crochet hook
- At least 3oz each of 4 different colored worsted weight acrylic yarns (avoid dark colors, no black or navy)

How Your Emotions Support Your Relationships

- Optional deck of reference cards for emotions available for purchase at $16, payable to the instructor in class with cash or Venmo.

Instant Piano for Hopelessly Busy People-Live Online

- A stable internet connection
- A computer, tablet or cellphone
- A piano or keyboard available during class.

Intermediate Digital Photography-Live Online

- A computer
- A stable internet connection
- Your camera

Intro to Diamond Dot Painting

- Bring your own small diamond dot project to class
- Recommended projects: bookmarks, cards, or coasters (generally cost $20 or less)

Intro to Drum Circles

- Bring your own djembe-style hand drum
- If you need to borrow a drum for the class, please mention it at registration. Drums will be available on a first-come, first-served basis.

Intro to Machine Sewing

- Sewing machine
- Extension cord
- Sewing kit: needles, thread, scissors, pins, etc.

Knitting for All!

- Knitting needles, yarn, a pattern, and knitting markers
- Optional: students are welcome to bring in projects they may have started for guidance

Line Dancing for Absolute Beginners

- Wear comfortable clothing and soft-soled shoes

Line Dancing

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Mixed Media Collage Level 1

- Required: Sketchbook and any found objects you would like to use to make marks on your art piece. Those could be kitchen supplies, sticks, fabric, stencil, and more

Mixed Media Collage Level 2

- Required: Sketchbook
- Optional: canvas or wood board for final piece, should you choose to not use paper, and found objects you would like to use to make marks on your art piece.

Nature & Bird Photography–Live Online

- A computer
- A stable internet connection
- Your camera

One-on-One Sewing Tutoring

- Basic supplies that you need to finish your project (sewing machine, extension cord, basic sewing kit: needles, thread, scissors, pins etc.)

Photograph Snowflakes!–Live Online

- Computer
- Stable internet
- A camera (digital, DSLR, or smartphone)

Programming Basics Using Python–Live Online

- Required: PC or Mac (desktop or laptop–no Chromebooks), reliable internet connection

Sketchbook Club

- Please bring your own sketchbook and preferred drawing materials such as pencils, pens, or markers. Some markers and other drawing materials will also be available to use.

Smartphone Photography–Live Online

- A computer
- Stable internet connection
- Fully charged smartphone (Android or Apple)

Spanish for Beginners Level I and Level II

- Textbook: *Easy Spanish Step-by-Step* by Barbara Bregstein, ISBN 978-0071463386

The Living Story of Tarot

- Required: Bring a deck of your own – Rider-Waite-Smith deck is preferable.

Traditional New England Barn Dance

- Wear comfortable clothes and soft soled shoes

Unlock Your Memoir: Digital Tools to Spark Your Story–Online

- A strong internet connection
- A Mac computer, iPad, or iPhone to access videos and articles.

Watercolor Basics

- 1 small tube each of cadmium yellow (light), cobalt blue, and alizarin crimson (recommended: Winsor & Newton Cotman or higher quality)
- 1 paint palette (recommended: folding)
- 1 round #10 watercolor brush (recommended: Winsor & Newton Sceptre Gold II)
- 1 inch-wide flat brush
- 1 drawing pencil #2H
- 1 eraser
- 1 lightweight board or piece of cardboard and something to prop it up on (pencil case, slim book, etc)
- Water cup
- 2 sheets of Arches watercolor paper, 140 lb. cold press, 22x30 inches *Note: Please purchase Arches, as the quality of watercolor paper is essential for handling the techniques you will be taught in class.*
- Any colors you already have.

If you go to The Art Mart in Portland to purchase your materials and mention Russel's class, you can receive 10% off of your order.

Winter Tree ID Walk at Clifford Park

- Wear comfortable shoes or boots and weather-appropriate clothing